



City of Salem Parks and Recreation  
 Sports Office – Division  
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## City of Salem Senior League Basketball

The purpose of Youth Recreational Athletic Leagues is to provide an enjoyable experience for each youth participant, while developing character, skills, sportsmanship, and promoting good will among all teams and individuals. Although sports are competitive by nature; the City of Salem Parks and Recreation Department's intentions are to place less emphasis on winning, while promoting the building of lifetime physical activity and health for each participant.

### **BY-LAWS**

The Youth Basketball leagues are governed by the National Federation of State High School Associations and these rules will apply to the By-laws except as modified herein.

The Salem Parks and Recreation Sports Office reserves the right to make any changes including rules that are deemed necessary for fair competition, safety and the efficient operation of the league.

League	Length of Game	Ball Size
<u>Senior League (Co-Ed)</u> • 15-18 year olds	2, twenty-minute halves, continuous clock until the last two minutes of game.	Regulation Size

#### 1. **Games**

- a. All games will be played at the time, date and location specified on the league schedule.
- b. Teams must have four (4) eligible players to play a game. Teams cannot play with less than four (4) players. If eligible players is less than four (4) before or during the game, the game will be ruled a forfeit.
- c. Following a forfeit game, the teams may play a practice game. Officials and scorekeepers will not work the practice game.
- d. The game shall consist of two (2) twenty (20) minute halves, with the last two (2) minutes of the second half stopped time per VHSL regulations. If one team leads by more than 12 points, the game clock will not stop.
- e. The half time break shall be five (5) minutes.
- f. Teams will be allowed two (2) time outs per half. Each time out will be one (1) minute in length.
- g. OVERTIME – If the score is tied at the conclusion of the second half, play shall be extended with a three (3) minute overtime period, following a one (1) minute intermission. If the score is still tied at the end of the three (3) minute overtime period, a "sudden death" period will be played. The first team to score a point will be declared the winner. Each team is permitted only one (1) time out during and overtime period. No other time outs carry over from regulation play.

#### 2. **Rosters**

- a. Player Eligibility - Only Salem High School freshman – seniors ages 15-18 are eligible to participate in the Senior League. **Anyone participating on the Salem High School basketball team is not eligible to participate.**
- b. All additions or deletions of players of players must be submitted to the sports office.
- c. Any player that drops from a team roster is not eligible to be added to another team.

### 3. **Equipment**

- a. Team jerseys are required. Teams must have jerseys all the same color with rulebook legal numbers. Players without proper jerseys will not be allowed to play.
- b. The game ball will be provided by the City of Salem Parks and Recreation Department.
- c. Only basketball or tennis shoes will be allowed on the basketball court at all times. Any player wearing shoes that mark the floor will not be allowed to participate!!!
- d. No jewelry (i.e. earrings, necklaces, bracelets, rings, etc...) will be allowed to be worn by players during the game. **NO EXCEPTIONS !!!**

### 4. **Protests**

Protests will be allowed on ineligible players only. They must file before the game.

### 5. **Miscellaneous Rules**

- a. All players must have a valid I.D. at the game site at all times
- b. The use of alcohol, tobacco or drugs will not be permitted on the City of Salem property. Players or spectators violating this rule will be suspended for the remainder of the season.
- c. No food or beverages will be permitted in the gym.
- d. Any player or coach ejected from the game is automatically suspended from the team's next two (2) scheduled games
- e. All players, coaches or spectators that are ejected from the game must leave the City of Salem property **immediately.**
- f. All players, coaches or spectators that are suspended will not be allowed on the City of Salem Property until their suspension is over. Failure to adhere to this rule will result in a forfeiture loss for their team.
- g. Players ejected from any two (2) games will be suspended for the remainder of the season and may not be replaced on the official team roster.
- h. Any player that is suspended from the City of Salem Schools will not be allowed to participate in the league until they are reinstated back to school and in good standing with the school system.
- i. Two (2) technical fouls on a player will result in the ejection of that player from the game
  1. In an attempt to have games completed, the officials will implement the following procedures when dealing with indifferent situations:
    - a. When dealing with an irate player, the team Manager will be responsible to control the player. If the Manager fails to handle the situation or the player ignores the Manager and continues the behavior, the player will be ejected from the game and be requested to leave the premises. The referee will make every attempt to continue game play.
    - b. If the player refuses to leave within a reasonable amount of time, the game will be declared a forfeit.
- j. Team managers are responsible for informing their players of all rules and seeing that they conform to them.
- k. Fighting, baiting of players or verbal abuse of officials will not be tolerated. Players guilty of these infractions will be suspended indefinitely.
  1. Leaving the bench during an altercation will result in disqualification from the game.
  2. Using profane or inappropriate language or obscene gestures will result in a technical foul minimum/maximum ejection from the game.
  3. Disrespectfully addressing or baiting or taunting an opponent will result in a technical foul minimum/maximum ejection from the game.
- l. All judgments on the rules and player eligibility will be made by the League Director and are final.
- m. A player, coach, or official who is bleeding, who has an open wound, or has blood on his/her body or clothing, shall be prohibited from participating further in the game, until appropriate

treatment has be administered. If first aid is required for a player, the player must be immediately removed from the game, unless treatment can be administered in a reasonable amount of time.

1. A player, coach, or official will not be allowed to participate unless:
  - a. All bleeding is stopped
  - b. Any exposed cut /scrap which has bled is completely covered.
  - c. Bloody clothing is removed. Teams are recommended to have spare clothing /jerseys available at the game site to be used, if necessary.
- n. Player or coach receiving a technical foul shall sit out for a four (4) minute "cool down" period. This time is actual game minutes. That player may return to the game during a dead ball after his/her cool down period.
- o. Technical fouls shall be counted as a personal foul and a team foul.
- p. For information of daily game status, please call the Sports Office Game Postponement/Cancellation Line after 3:30p at 996-6900 or check our website ([www.salemva.gov](http://www.salemva.gov)), then Parks & Recreation link).

6. **Coaches Background Screenings**

Each teams head coach and up to two assistant coaches must complete the **Volunteer Consent Form** and be approved according to the guidelines listed therein. Only approved coaches will be allowed to participate in practices and games. Identification badges must be worn during all practices and games. Coaches who do not have approved identification badges will not be allowed on the court during practices or games.

7. **Snowed-Out Games Policy**

Any weekday that school is cancelled because of bad weather, practices and games will be called off for that night. You may also call the Youth Sports Office Cancellation Line (966-6900) for updated cancellation information. Games cancelled on Friday do not always mean that Saturday games are cancelled as well.

8. **Game Schedules, League Standings and Rescheduled Games**

Game schedules, league standings, rescheduled games and other information will be available by logging onto the City of Salem website, [www.salemva.gov](http://www.salemva.gov), click on "Parks and Recreation" and then "Youth Sports." Coaches will be responsible to for checking the status of postponed games through this website on a daily basis. We will not mail out any reschedules.