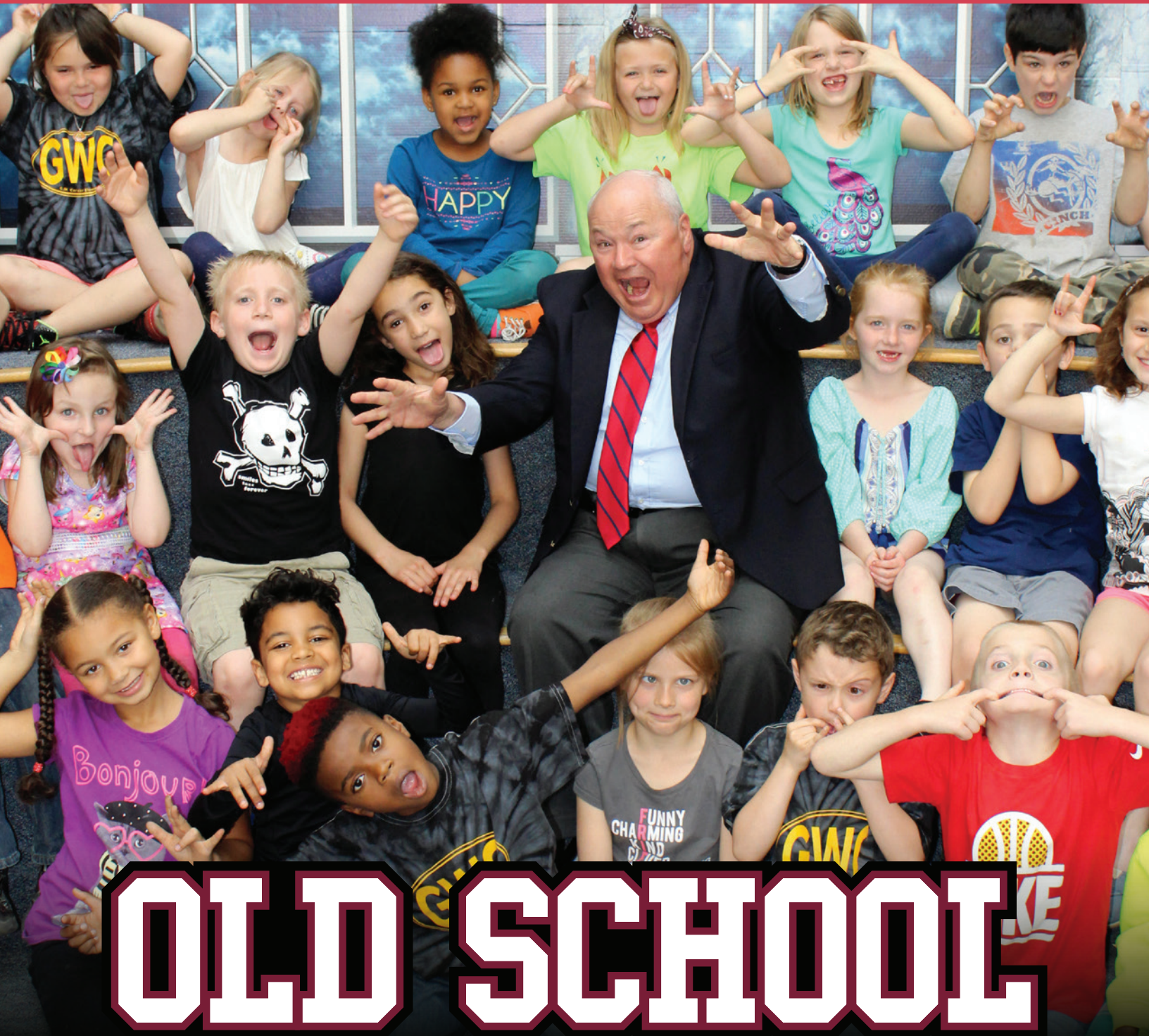


ISSUE 34 • SPRING 17

SALEM



A MAGAZINE FOR THE PEOPLE OF VIRGINIA



OLD SCHOOL

**MIKE BRYANT'S PERFECT MIX OF DISCIPLINE, LOVE
AND HUMOR MAKES HIM A TOUGH ACT TO FOLLOW**

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Taking a brief look at moments involving the community through the eyes of Twitter and Facebook.



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Newsmakers

Changes at the Salem Civic Center, a new Mount Regis Center opens, All-Star baseball plans and more.



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Extra Special Honor

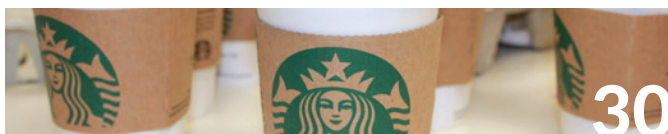
Karey Henzey always knew she would be working with special needs students.

Bryant the Builder

Whether it be schools or people, Mike Bryant has always known how to build them up.



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A Cup of Kindness

Salem High School's Special Education Program has partnered with Starbucks.



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Spencer St. Cyr saved the lives of two people while off-duty.



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The last Carver basketball team averaged nearly 100 points a game and was unbeaten heading to the state tournament.



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This report is designed to inform you about the quality of water and services we deliver to you every day.



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Salem Snapshot

The Salem Museum takes a look at the Preston Place house that was built in 1821.

KEVIN'S CORNER



“ The Downtown Plan will not be executed overnight, but if we can withstand a few minor inconveniences and work together, the future of Downtown Salem is full of promise and excitement. ”



I hope that the mild winter and the beautiful start to spring have afforded you the opportunity to get outside and enjoy the natural beauty of our great city and some of the many exciting changes that are taking place in the downtown area.

Many of you have been involved in the Downtown Plan since the start of the process offering your opinions and insight to help improve Main Street and make the area more desirable for businesses, investors and visitors. You have told us you respect the history, but also see changes that make Salem more relevant, modern and lively.

Last October, we took a big leap of faith when we hosted the inaugural Salem Half Marathon. This brand new event took months of planning, involved many of our city departments and relied on the talents of more than 500 volunteers. In the end, we attracted participants from all corners of the Commonwealth and 19 other states to Salem.

Over 600 runners, including myself, were able to see our downtown, our civic facilities, our neighborhoods and our vistas as we jogged through the city. The reviews of the race from the runners were extremely complimentary, but not everyone was happy with Virginia's Championship City. We heard from a few downtown merchants who said the race actually hurt their Saturday sales and residents who told us they had trouble getting to their kid's recreation league games.

However, we also heard from some shop owners who said their pedestrian traffic and sales were better than usual and many citizens heeded the abundance of advanced warning about street closings and made plans to avoid the race route.

We want to work to find a common ground where these events can complement our normal routines and enhance the overall experience of Salem. It will not always be smooth sailing, but please know that whether we are redoing a sidewalk, replacing outdated lighting, or adding a marathon run to the calendar, we're all in it for the long haul with the goal of seeing Salem improve.

The Downtown Plan will not be executed overnight, but if we can withstand a few minor inconveniences and work together, the future of Downtown Salem is full of promise and excitement.

By the way, the 2017 Salem Half Marathon is set for October 14. I hope to see you there!

Kevin S. Boggess – City Manager

SALEM

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HOLIDAY TRASH COLLECTION

Memorial Day – Monday May 29

Monday trash will be collected on Tuesday (5/30)

Tuesday, Wednesday, Thursday and Friday Routes Unchanged

Independence Day – Tuesday July 4

Tuesday trash will be collected on Wednesday (7/5)

Monday, Wednesday, Thursday and Friday Routes Unchanged

Labor Day – Monday September 4

Monday trash will be collected on Tuesday (9/5)

Tuesday, Wednesday, Thursday and Friday Routes Unchanged

Veteran's Day Observed – November 10

Friday trash will be collected on Monday (11/13)

Monday, Tuesday, Wednesday and Thursday Routes Unchanged

Thanksgiving – Thursday Nov. 23 & Friday Nov. 24

Thursday trash will be collected on Monday (11/20)

Friday trash will be collected on Tuesday (11/21)



Hazardous Waste

The City of Salem has joined the Roanoke Valley Resource Authority. This will not affect the way your trash or bulk items are collected by Salem garbage trucks, but it will offer all citizens a number of new disposal options.

Residents can now use both the Salem Transfer Station on Indiana Street and the Tinker Creek Transfer Station, located at 1029 Hollins Rd. in Roanoke to discard brush or items that will not fit into your tote. Salem residents are allowed to drop-off items a total of 12 times a calendar year at no cost. You can make all of your trips to the Salem station or use both sites, but your total number of trips cannot exceed a dozen. **Restrictions do apply to both the types of materials that can be discarded and the size of the vehicle carrying the items into the transfer station.** Check www.rvra.net for a full list.

Residents also have a number of new opportunities for disposing of household hazardous waste. Latex paint, aerosol cans, lead acid car batteries, used antifreeze and used motor oil can be dropped-off during normal hours at the Tinker Creek site.



f Roanoke College Athletics – Dec 4

Roanoke honored Hall of Famer and former men's basketball coach Charles R. Moir with the dedication of the court in the Cregger Center. – At [Roanoke College Cregger Center](#).



Kathi Meenehan Thanks for the memories, Coach Moir! Winning the NCAA was definitely a highlight of my years at Roanoke!



Whit Gravely Two great Moirs have graced us with their coaching talents! Fortunately I was able to see so much of it over the years. Gives me goose bumps just thinking about all of the fantastic games, titles and accomplishments we have witnessed from this small, liberal arts college. Not only in basketball, but in all of the other sports (men and women). Makes me incredibly proud!



Twitter Salem CC @SalemCivCenter • Dec 10

Congrats @SalemSpartans #Back2Back State Champs! #Repeat #SalemVa We'll keep Salem Stadium warm and ready for you over the winter!



f Salem 215 – Feb 24

Something new you can expect to see in Salem (yes, Salem!!) soon!! Look for a Lidl to appear near Lowe's .. perhaps, fingers crossed, breaking ground as early as this Spring.



Carrie Cox Woot!!



f City of Salem, Virginia Police Dept.

On Friday March 3, 2017 the Salem Police Department held a retirement celebration for Lieutenant Troy Thomas. Lt. Thomas has spent the last 26 years and 11 months with the department, with his last assignment as the supervisor of the detective division. Enjoy your retirement and Thank You for your dedication to the department and the citizens of Salem.



Chris Smith Congrats Troy! Enjoy it man, you have earned it.



Salem 215 Congratulations and thank you for all you did Lt. Thomas.



Twitter Salem Fire-EMS @SalemFireEMS • Mar 9

SFF Matt Burnette & FF Shawn Belcher were recognized by @LewisGaleMed yesterday for a rapid response to a Heart Alert patient. Great Job!

SALEM CITY COUNCIL



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JANE JOHNSON

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JAMES MARTIN

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JIM CHISOM

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City Council meets on the 2nd and 4th Mondays of every month at 7:30 p.m. in the City Hall council chambers located on the main level of the building – 114 North Broad Street. Check www.salemva.gov for more.



Salem Red Sox @salemredsox • Mar 9

Mugsy is here at the Taubman Museum with @visitvbr to promote what's new in 2017...Salem Red Sox hosting the Carolina League All-Star Game!



Salem City Schools – March 15

SCHOOL DIVISION ANNOUNCES NEW ASSISTANT PRINCIPALS
Bridget Nelson and Matthew Coe will move into Assistant Principal positions on July 1 at Salem High School and Andrew Lewis Middle School, respectively.



Sophy Semones Way to go Bridget!!!!



William Rose Wow!!!! Congrats Mr. Coe ... my man!



City of Salem @SalemVA • Mar 18

The @NCAAADIII Men's Championship is in full swing here at the @SalemCivCenter. Catch it live on CBS Sports Network! #SampleSalem



City of Salem Animal Shelter – March 20

Help us wish Emma a VERY happy 7th birthday! She donated all this to the animals in honor of her birthday. She is pretty in pink and helping her is her sweet sister Kate! Thank you girls and HAPPY BIRTHDAY EMMA!!!!



Marsha Teeter Happy Birthday, Emma, you are a very special & caring young lady!



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Roanoke College – April 9

Happy birthday, Roanoke! 175 years strong!



Marsha Teeter What a great weekend!

SALEM SCHOOL BOARD



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MICHAEL CHIGLINSKY
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ANDY RAINES

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Salem City School Board meets on the 2nd Tuesday night of every month at the division central office at 510 South College Ave. The board may have additional meetings – Check www.salem.k12va.us for complete schedule.



Complex Changes

When **John Saunders** announced his retirement from the City of Salem in March, his departure marked the end of 33 year of dedicated service at the Taliaferro Complex.

"The city cannot thank John Saunders enough for the 33 years he dedicated to the Taliaferro Complex," says Salem City Manager **Kevin Boggess**. "John started out manning a shovel at the horse show and worked his way to the top. Along the way, he spent countless nights and weekends on the job, just so our citizens and visitors could enjoy a wide variety of entertainment."

Saunders began working part-time at the Salem Civic Center pushing a broom and hoisting a shovel as a teenager. While he was a student at Roanoke College, he worked as the arena's night watchman. In 1984, Saunders was officially named the facility's Assistant Director. Among his many accomplishments, he founded the Salem Fair along with his former co-worker **Carey Harvey Cutter**.

"The thing I am most proud of is the staff that I was privileged to work with over the years," says Saunders. "We were often outmanned, but never outworked. The job requires a lot of long hours and determination and the men and women I worked with never feared the unexpected and never considered failure as an option."

Saunders has seen more than you could ever imagine in his three decades of working with entertainers and celebrities, but nothing will top the night of January 7, 2005 when

Sacha Baron Cohen chose Salem for his infamous Borat butchering of the national anthem.

"You have to remember that at the time we had no idea who this person was and it wasn't until the next day that someone recognized him from 'Da Ali G Show' that used to be on HBO," says Saunders. "It could have been a real mess because we only had four police officers on duty, hundreds of angry patrons and a bunch of real life cowboys – You do the math."

Boggess named one of Saunders' former co-workers the Interim Director of the facilities that make up the Taliaferro Complex. **Wendy Delano**'s duties include overseeing the daily operations of the Salem Civic Center, Salem Memorial Ballpark and Salem Football Stadium as well as managing the complex's 21 full-time employees.

"Wendy Delano brings a great deal of positive energy to this position and some fresh perspectives," says Boggess. "She is a consensus builder and it is my hope that under her leadership the staff and the facilities will make some significant strides in the coming months."

Delano had been the complex's Sales and Marketing Manager before her appointment formally took effect on March 1. The West Virginia native also worked at the Berglund Center and at Advance Auto Parts prior to coming to Salem. During that time, she served in a number of roles, including Marketing Director and Sports Marketing Manager.

"These facilities have hosted a who's who of performers in the past and we want to build on that tradition as we move forward," she says. "Our facilities and our dedicated employees add to the excellent quality of life we enjoy here in Salem and the surrounding communities that make up Virginia's Blue Ridge region."



Saunders



Delano



John Saunders was the man with the plan for 33 years at the Salem Civic Center.



Grab a Bite & Stay a While

Some future construction is scheduled near the Salem Civic Center.

A 105-room Staybridge Suites hotel and farm-to-table “Bruno’s” restaurant will be breaking ground this summer.

“The city has approved our site plan and we’re almost ready to break ground,” said **Dan Friesland**, managing member of Spartan Development. “Both places will be started at the same time.”

The hotel will be located at the corner of Roanoke Boulevard and Texas Street on the western end of the civic center property. The three-story hotel will feature short and long-term accommodations, large lobby and courtyard.

Adjacent to the hotel will be a new restaurant featuring local food, indoor & outdoor seating and a large gathering space. The owner of the restaurant, **Bruno Silva**, owns and operates The Landing at Smith Mountain Lake as well as his “Bruno’s GastroTruck” food truck seen at locations like Parkway Brewing.

The truck is a key and unique element to the design of the building, as it will be a functioning part of the restaurant year-round.

“Bruno planned to use the truck outside the building even while it was parked, so we came up with a way to dock it inside,” said **James Ruhland**, Architect for Balzer and Associates. “The kitchen is such a large part of the building, but the truck could be used in conjunction. You’ll be able to sit in the restaurant and see them right there on the other side of the glass. I don’t think there’s ever been anything like this anywhere.”

The building plan was designed with the truck in mind and is two feet higher to allow the docking of the GastroTruck – Giving it a wow factor when you walk in the door.

“Branch & Associates has forecasted 14 months for the hotel and 9 months for the restaurant,” Friesland said. “We want to open those when we can. It’s an exciting time for Salem.”





New Life for Valleydale

Thanks to developer **Ed Walker**, Salem's historic Valleydale plant, that has been vacant since 2006, is destined for new use and life. While the exact plans for the plant are not known at this time, Walker has assembled a development team comprised of community-focused professionals and investors from Salem, Roanoke, and outside the region to transform the 81-year-old building.

"As with every project, we intend to be good stewards of the building, of its history, of this great company, of its former employees and good stewards for a bright future at Valleydale," says Walker. "I would love to see some mixed uses that included light industry that would create some new jobs and bring workers back to Valleydale. It won't be hot dogs, but hopefully there are some other light industrial uses that would work well."



Walker

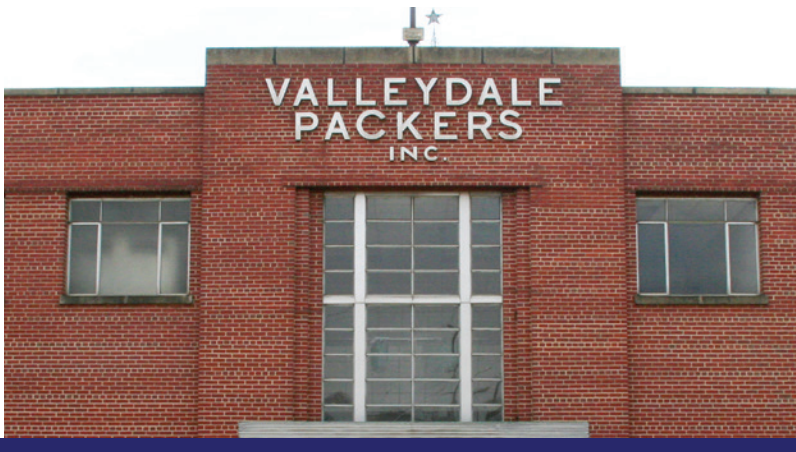
Another ambitious entrepreneur helped create the Valleydale brand and building back in the 1930s. Lynchburg meat packing executive **Lorenz Neuhoﬀ, Jr.** wanted to build a plant in Salem along the railroad tracks on 8th Street in 1936.

Newspaper reports at the time said construction began in March and was completed in August thanks to the diligence of 125 workers. It took over 100,000 bags of cement and 10 rail cars of lumber to finish the 23,000 square foot facility.

"Let me be clear, we will be swinging for the fences with the Valleydale project," says Walker. "It's a tough puzzle to figure out, and we can't guarantee that we will be successful, but no team of people will try harder than the one that's recently come together."

Neuhoﬀ added two additions to the building and in 1948 the name was officially changed to Valleydale Packers. Now, Walker, who is credited with singlehandedly transforming much of Downtown Roanoke, will attempt to put his stamp on Salem.

"By any measure Salem is clearly one of the very best small cities in the U.S.," says Walker. "We are thrilled to have the unexpected opportunity to lend a hand in figuring out the Valleydale building's next positive role in this strong community."



The Valleydale building on 8th Street has been vacant since 2006. Ed Walker is working to bring the building back to life.



Turning Type 1 into Type None

Salem Firefighter **Dalton Baugess** is the latest Type 1 diabetic with Salem connections to do his part to find a cure for the disease. Baugess, retired Salem School Division teacher **Mary Lou Bruce** and former Salem School Board Chair **Sally Southard** have all taken part in cutting-edge clinical trials in the past couple of years with the artificial pancreas.

The device is able to monitor and regulate blood sugar levels constantly with the help of Bluetooth technology and a smart phone. Baugess is the most recent of the three to take part in the trial.

"I've been in a fire when my blood sugar has dropped to the point that I've had to take stuff out of my pocket and eat it real quick to bring my blood sugar back up," Baugess says. "I was wearing the device when we had the Mt. Regis fire in December and I never had any issues."

Thanks to the positive outcomes that Baugess, Bruce and Southard have experienced during their trials, the Food and Drug Administration gave formal approval to the device in late 2016.

"Dalton was part of the clinical trials at the University of Virginia that led to last year's FDA approval of the first-ever artificial pancreas and it will be on the market this year," says **Charlotte Kidd**, Executive Director of the Greater Blue Ridge Chapter of the Juvenile Diabetes Research Foundation.

For most, this is a life-changer, but for Baugess, it is a career-saver.

"In the past, if you had Type 1 diabetes you were done as a firefighter," says **John Prillaman**, Salem Fire Chief. "The artificial pancreas has changed that. If we can keep his A1C levels where they need to be the National Fire Protection Association no longer deems that person to be a detriment to his coworkers in the heat of the battle. Dalton has been incredible with this and his ability to do this is big for firefighters everywhere."

Spartans Climb the Learning Ladder

Dr. Forest Jones and **Jamie Garst**, two Salem High School graduates, will be assuming new roles within the Salem School Division starting July 1. Superintendent, **Dr. Alan Seibert** announced that Jones will join the Central Office staff as Director of Administrative Services and that Garst will take over for Jones as principal at Andrew Lewis Middle School.



Jones

Jones has been the principal at Andrew Lewis Middle School since 2012, and the school received the prestigious "Virginia School to Watch" honor by the state Department of Education during his time in charge. After graduating from Salem High School, Jones received his Bachelor's degree in Education and History from Roanoke College. He later achieved his Master's from Hollins University, his K-12 Administration degree from

Radford University and his Doctorate in Educational Leadership and Policy Studies from Virginia Tech.

You could easily argue that Jones was born to be an educator. His mom, **Betty**, taught elementary school for 40 years and before his dad served as Salem's City Manager from 2000 to 2008, the elder Forest Jones spent the majority of his career as an educator, coach and administrator in Campbell and Bedford counties.

"I have been a student, teacher and administrator at Andrew Lewis for 25 years," says Jones. "I will always treasure the relationships that I've been able to cultivate with our students while teaching and coaching. In addition, the support and professionalism exhibited by my co-workers during this time are also responsible for making me a better leader and a better person."

Garst has been an assistant principal at Andrew Lewis since 2013, and board members formally approved his promotion during the closed session portion of Tuesday night's meeting.

"I hope to provide the wonderful opportunities to children that were afforded me when I was a student," says Garst. "Dr. Seibert was my science teacher when I was a ninth grader at Salem High School and I greatly appreciate the way that both he and Dr. Jones have mentored me over the years."

Garst earned his Bachelor's degree in biochemistry in 2003 from Virginia Tech and later acquired his Masters' degrees in biochemistry and curriculum and instruction from Tech. He also has a Master's degree in educational leadership from Radford University. He and his wife, Sarah, reside in Salem and the couple is expecting their third child later this year.



Garst



Veteran Eddie Moles is thanked for his service by Vice Mayor Bill Jones at the Vietnam War commemoration event.



Ken Ray from the Association of the United States Army accepts the proclamation from Councilwoman Jane Johnson.

Honoring our Vietnam Veterans

City Councilwoman **Jane Johnson** welcomed veterans to a special ceremony on March 29 at Salem Memorial Ballpark to commemorate the Vietnam War's 50th Anniversary. Johnson read a proclamation that declared the day Vietnam Veterans Day in the city. She and Vice-Mayor **Bill Jones** also were on hand for the wreath laying ceremony that took place in front of the Salem Veterans Memorial.

"It was such an honor to represent the city and our citizens at that event," says Johnson. "When I looked out into the audience and into the eyes of the veterans I could see how important the wreath laying ceremony was to them. It was a very

emotional moment for all of us."

The city's combined color guard presented the colors and Salem Municipal employee **Crystal LaBrie** sang the national anthem. One of the most touching moments of the program came as Johnson read the names of the Vietnam veterans in attendance and Jones presented each one with a commemorative Vietnam veteran lapel pin.

This ceremony was part of a valley wide effort, as events were held simultaneously in Roanoke and Vinton. The date for this ceremony was chosen in respect of March 29, 1973, when the last combat troops withdrew from Vietnam.



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salemfair.com



VIRGINIA IS FOR
MOUNTAIN LOVERS



A new jumbotron screen at Salem Memorial Baseball Stadium made its debut on Opening Night on April 6.



Big Screen and Big All-Star Plans

Spring is here and that means the Salem Red Sox are back in town for another year of Salem Baseball.

A brand new 36-foot by 31-foot video screen was installed the first week of April and it has not disappointed. The \$418,000 screen is the second largest screen in the Carolina League.

"Many of the improvements we have made in recent years haven't always been visible to our fans," said Salem Mayor **Randy Foley**. "But this new first rate HD scoreboard is going to take the fan experience to another level."

The fan experience now features instant replays and more fan interactions.

"We have full replay capability this year, which is a big plus," said Red Sox General Manager **Ryan Shelton**. "It's not just the technology – You've got to have people to run it. We spent over \$20,000 to upgrade the control room and equipment."

The 2017 season also marks 50 years since Salem's baseball franchise joined the Carolina League when the Salem Rebels joined the league following the departure of the Asheville Tourists.

In commemoration of the 50th season, the Carolina League awarded Salem the annual All-Star game on June 20. Along with the game is the Home Run Derby event on June 19 featuring the power hitters of the League.

With a historical season celebration, the Red Sox have decided to move the Home Run Derby to a familiar location – Kiwanis Field.

"There will be a great sentimental and nostalgic feel and a great event all the way around," Shelton said. "The league has been onboard with this idea since day one."

Kiwanis Field, formerly known as Municipal Field, was home of Salem minor league baseball from 1939 to 1995. Older fans still talk about the concrete bleachers and classic feel of the field.

"We've wanted to do a turn-back-the-clock game there for years but could never get approval due to the light poles being in play in the outfield," said Shelton. "This was a way to seek approval because it's

a casual event. Nobody will be diving in the outfield."

A full game may not be played that night, but balls will be flying over the wall just as they did in the past.

"For our community, our fans and our market, the Kiwanis Field event is going to have a greater impact than anything else," Shelton said. "That ballpark is so special to so many people. There are countless people that refer to the current stadium as the 'New Ballpark' even though we've been here for 22 years."

Plans are still in the works for the June 19 event, which will include a block-party outside on 6th Street featuring music, food trucks and amusements. The party outside will be free. Tickets will be sold for the derby event inside.

"The experience that night will be about the ballpark and the history of Salem baseball," Shelton said. "It's about going home."



Carolina League baseball will return to Kiwanis Field for the first time since the final game on July 30, 1995.

SUMMER 2017

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#SampleSalem

SALEM VA





Boys & Girls high school teams from the area came to Salem for the Adam Ward Basketball Classic.

‘AdamLike’ Response

When Salem High School and the Western Virginia Basketball Officials Association decided to partner with the city to create the **Adam Ward** Basketball Classic, they knew they had an event that would not only preserve Adam’s memory, but showcase the spirit that made him such a likeable young man.

In February, a dozen area high school boys and girls teams hit the hardwood for a marathon day of round ball. The ambitious goal was to raise \$10,000 for the Salem Educational Foundation and Alumni Association’s Adam Ward Scholarship fund. Much like Adam, the final result exceeded expectations, as over \$11,000 was raised for the cause.

“It was a great day of basketball honoring the memory of Adam Ward,” says Tournament Co-Founder **Hank Luton**. “We are happy to be giving the city something back in honor of Adam, who gave so much of himself to this community.”

Ward was a 2007 Salem High School alumnus, who graduated from Virginia Tech in 2011. He played football at Salem High School and was an avid fan and supporter of all types of athletic events his entire life.

“The Adam Ward Basketball Classic was a tremendous success in its first year,” says Tournament Co-Founder **Grant Smythers**. “We were able to host some of the best high school basketball teams in the state of Virginia and host an event that was worthy of such a special young man. We look forward to awarding our scholarships this spring to those student athletes who have been deemed ‘AdamLike’ in their high school careers.”

Next year’s date already has been set for February 3, 2018.



Smythers and Luton

Moyer Complex Gets an Upgrade

There are some new amenities at the Moyer Complex in 2017.

Three local Lowe’s stores donated \$7,500 in materials and free labor to improve both the men’s and women’s restroom facilities – all at no cost to Salem.

Steve Owens, Lowe’s Store Manager at the Towne Square Shopping Center in Roanoke, came up with the idea at one of his daughter’s softball games at the complex at the end of 2016.

“This whole project came together quickly and really gave us a great facelift,” said Moyer Complex Manager **Eric O’Brien**. “The best part about this whole thing is that it didn’t cost the city anything.”

The renovation included repainting, new ceiling tiles, new automatic faucets, new sinks and baby-changing stations.

“From start to finish, it all took about two weeks and the results speak for themselves,” O’Brien said. “Everybody at Lowe’s has been great and hopefully we can work with them again in the future.”



Fresh paint, new ceiling tiles, new automatic faucets and new sinks were installed at the Moyer Complex all thanks to a donation from Lowe’s.



Back row: Ashby Garst, Jordan Barker, Alex Perdue, Adalynn Eller, Emma Painter, Abbie Coleman, Charlie Wallace, Katie Conklin
Middle row: Skyler Allen, Rachel Massey, Rachel Chaos, Moss Stratton, Phoebe Stevens, Meredith Hicks, Mark Ingerson (coach)
Front row: AnnElese Galleo, Alayna Johnson, Emma Studtmann, Kyle Fauber, Sydney Pettit, Sam Kennedy, Sami Hoyer

A Dynasty with a Dozen

Ask any successful coach or business owner and he or she will tell you that creating success is relatively simple compared to maintaining it. However, you would never know that by looking at the Salem High School Forensics Team. The fastest talkers in all of Salem claimed the school's twelfth straight Virginia High School League State Championship this April with a decisive win over second place E.C. Glass in the Group 4A Championship.

"This state title team continues a strong peer coaching tradition among the team members and I believe our team's commitment to each other is the key secret ingredient to our success," says Forensics Coach **Mark Ingerson**. "This



Ingerson

tradition goes back over a decade now, but I think it is stronger than ever. Upperclassmen on our team relish the opportunity to help a new teammate find success in speech and they feel incredibly proud to watch that success unfold."

This year's competition took place just outside of Richmond, but the venue is irrelevant when it comes to these wordsmiths. Coach Ingerson not only collected another team trophy, but five of his students earned individual state championships along the way. That means the program has won a staggering 67 individual state titles since 2004.

"The point of Salem Forensics isn't just your personal success, but coaching teammates who find success as well. I think the side benefit of this culture, which I'm not sure if students fully appreciate yet, is that these team building skills are exactly what today's employers are looking for," says Ingerson. "When you add in the powerful communication skills forensics students learn, forensics is probably the most powerful activity a high school student can participate in."





New Home for an Old Neighbor

The Mount Regis Center opened its brand new 30,000 square foot facility on March 1, ahead of schedule and right on time for the patients and families who rely on its valuable services.

Mount Regis has been a fixture in Salem for more than a century on Kimball Avenue, and for the past 70 years it has served the region as a vital substance abuse treatment center. The new structure is located on the Elizabeth Campus, directly across the street from the side entrance of the Salem Civic Center.

Besides being a state of the art facility with many amenities that the old structure lacked, the new building is able to offer assistance to 48 patients, twice as many as the former site could accommodate.

Salem Mayor **Randy Foley**, Vice-Mayor **Bill Jones**, Councilman **Jim Chisom** and members of the city's Planning Commission assisted in the formal ribbon-cutting ceremony on February 27.

"This new, beautiful facility is in a different part of Salem, but its value to the community remains the same," says Mayor Foley. "I am confident this center will continue to be a great partner with Salem and will continue to serve all, as it has for over 100 years."

Construction on the new center started in 2015 and accelerated



Gwen Mason, Robert Pitts, Mt. Regis CEO Curt Lane and Mayor Randy Foley cut the opening ribbon on February 27.

significantly after a serious fire damaged Mt. Regis' historic building on Kimball Avenue on December 30, 2016. The new medical building that faces Texas Street was finished in 18 months.

The history of Mt. Regis extends all the way back to May of 1914 when a group of Roanoke doctors opened what was then called Mt. Regis Sanatorium on Development Hill.





OUR SCHOOLS



Extra Special Honor

Karey Henzey always knew she would be working with special needs students.

By Mike Stevens

The Salem School Division's Teacher of the Year for 2017 is a talented Special Education teacher whose ultimate goal is to be unemployed.

"In all honestly, our goal is to get me out of a job," says Karey Henzey. "My job is to advocate for these students and get them back to grade level, so they are independent, fully-functioning adults who no longer qualify for special education."

Henzey has been advocating for a long time. She knew that she wanted to be a Special Education teacher long before she was out of elementary school.

"It started when I was 8-years-old and one of my babysitter's daughters had significant disabilities," says Karey Henzey, Salem's 2017 Teacher of the Year. "She was blind, she was in a wheelchair and she had significant cognitive impairments. Even at that age, I knew she was different, but I was just drawn to her. I told my Mom that one day I wanted to work with kids just like that little girl."



SALEM
CITY SCHOOLS

LOVE • ENGAGE • INSPIRE

Henzey has been a special needs teacher at West Salem Elementary for the past decade, but her heart has been open to helping others for much longer. In high school in Northern Virginia, when many of her classmates were uncertain of their futures, her career path only intensified.

"As a teenager, I was able to volunteer at a self-contained school for students with disabilities and I eventually got a job there in the summer," she says. "These were 7, 8 and 9-year-old kids with intellectual disabilities and I loved every minute of it. I just knew this was what I wanted to do."

After graduating from Bishop Ireton High School in Alexandria, she earned both her Bachelor's and Master's degrees from Longwood University. She taught seven years in Montgomery County before joining the staff at West Salem Elementary.

"I am really fortunate to work in a building where the teachers respect and embrace the village mentality when it comes to our children," she says. "We have such a community of respect here and everyone is valued."

Especially, Karey Henzey.

"Mrs. Henzey is like a jack-of-all-trades and someone who truly can do it all," says Debbie Carroll, West Salem Elementary School Principal. "She is willing to go the extra mile to help others in our building and she always finds a way for her students to experience success."

"My licensure states I am a special education teacher, however, in my school I am referred to as a resource teacher," says Henzey. "I like that better because I really try to be a resource for my students, parents and other teachers."



Henzey and her family were on hand for her award ceremony during the March school board meeting.

Salem Salutes All Teachers of the Year



Susan Bowles

Music Teacher
East & South Salem Elementaries

High School: Glenvar

College: Radford – Bachelor's

35 years of public and private school music teaching experience



Amy Johnston

First Grade Teacher
G.W. Carver Elementary

High School: Northside

College: Virginia Tech – Bachelor's
Virginia Tech – Master's

National Board Certified Teacher



Katie Morris

Language Arts
Andrew Lewis Middle School

High School: William Tennent

Warminster, Pennsylvania

College: Penn State – Bachelor's

Also has taught high school classes in Philadelphia, Baltimore and Salem



Laura O'Dell

Business Education
Salem High School

High School: Cave Spring

College: Virginia Tech – Bachelor's
Virginia Tech – Master's

Three-time WISE Financial Literacy Gold Star Teacher

During her time in public education, Henzey has helped children with autism, learning disabilities, intellectual disabilities and other health impairments. The strategies used to further educate those children have evolved significantly over the years.

“ This is my 17th year in teaching, so I am always looking to learn, ask for help and find something new that can work. You always have to seek other tools that make you better for your students.

“I work with students who learn differently and that may mean that they need a longer time to learn, or that the material must be presented in a way that helps them show what they know,” she says. “We are all unique learners and some kiddos just need the material presented differently.”

Henzey says she is humbled beyond belief that her co-workers would select her

for this honor. She plans to honor them and her students by constantly looking for ways to improve her techniques and results.


“This is my 17th year in teaching, so I am always looking to learn, ask for help and find something new that can work,” she says. “You always have to seek other tools that make you better for your students.”

To that end, Henzey has earned Wilson Reading Level I certification to enhance her work with students with dyslexia and she is currently in the final stages of earning the distinguished National Board Certification, the gold standard for professional teaching recognition.

Henzey and her husband, Tom, have three children who are students in the Salem School Division. Their two daughters are at West Salem Elementary and her son is at Andrew Lewis.

“My kids are very respectful of what I do and often very selfless,” she says. “They are always looking for things that will help my students be productive and they really understand.”

In her minimal amount of spare time, she serves as a co-leader of a Girl Scout Troop, teaches preschool Christian Formation at her church and serves on the board of her Neighborhood Organization.

“It is a real honor to be selected for this award,” she says. “Special education is a calling for me and it means a great deal that my peers voted for me.” 



Above: Henzey has taught classes in Montgomery County & Salem.
Below: Amy Johnston from Carver Elementary was one of five teachers presented with an award from the Salem Educational Foundation.



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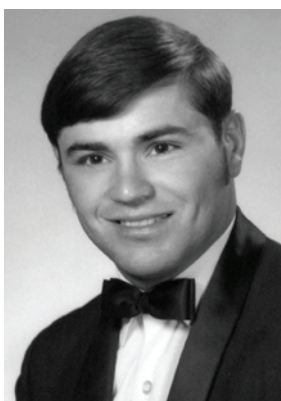
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BRYANT THE BUILDER

Whether it be schools or people, Mike Bryant has always known how to build them up.

By Mike Stevens



Bryant graduated from Virginia Tech in 1971 and started teaching at the junior high level.

When Mike Bryant officially retires from the Salem School Division this June, he will take more than his pension to the house. One of the Roanoke Valley's education icons also will have the satisfaction of knowing that he has constructed schools, molded students and created lasting relationships for more than 45 years.

"I've loved my job and especially the students over the years," he says. "You really have to love them all because each one comes with a different set of tools in the toolbox, and you have to find a way to be patient and let them develop."

The Roanoke native was raised near what used to be the 14th hole at Ole Monterey Golf Course in the northeast quadrant of the county. He graduated from William Byrd High School in 1967 and quickly embarked on an educational career that would take him to Virginia Western and then Virginia Tech. In 1971, he not only graduated from Tech with a degree in Political Science, but he also got married that same June to Sherry Austin.

"I went to work at the Southern States warehouse hoping to get a call for a full-time teaching job, especially since I had done my student teaching in Roanoke City," he says. "But instead the personnel director called my wife and asked her if I would be mad if she got a job first. Can you believe that?"

Fortunately, for all involved, his job offer came soon after his wife's hiring at Westside Elementary, and by the fall of 1971, Bryant was teaching Social Studies at William Ruffner Junior High School. Around 900 seventh, eighth and ninth graders were in the school at the time and as part of his contract, Bryant also was asked to help coach wrestling at William Fleming High School.

"When I was in high school, Carver closed and integration began at William Byrd my senior year," says Bryant. "We were still in the throes of integration in the early 70s when I began teaching, and there were definitely some tense moments back then."

One of the biggest concerns was having students, who were looking to disrupt the school day, come over to Ruffner from the adjacent Fleming campus.

"We used to go into 'Code Red' at Ruffner, especially if there was a problem next door at Fleming," he says. "My assignment during these lockdowns was to go out to the end of the building and keep the Fleming kids from coming onto the Ruffner property."

Former Salem Superintendent of Schools, Wayne Tripp, just happened to be student teaching at Ruffner during that time and Bryant vividly remembers a day when the school went into "Code Red" and the two young educators were literally left out in the cold.

"As soon as Tripp and I stepped outside they locked the doors behind us and we were standing out there with nowhere to go," he says. "All of these kids were coming over the hill from Fleming, but fortunately most of them knew that I was coaching and they always respected me. The bond that was created through athletics was a big reason why."

From 1971-1980, Bryant taught at Ruffner and Fleming, was an assistant principal for a year and a guidance counselor for a semester. He also coached wrestling, football and track at Fleming with the likes of Jerry Campbell, Charlie Van Lear, John McGregor, Dickie Oliver, Bob Lenoir and George "Kila" Miller.

"We had a kid who mouthed-off at George one day at wrestling practice and Coach Miller got on the mat and body slammed the boy," says Bryant. "The kid went home and got his dad, who was a mountain of a man, and we thought they were coming in to confront us. After a few minutes of yelling in the coach's office, they came out and the father told us that if his kid ever did that again, he would body slam the boy himself. The parents respected the teachers and the coaches and encouraged discipline when it was appropriate."

FROM THE COLONELS TO THE COUNTRY

Discipline would stick with Bryant when he left Fleming and was named the principal at Lord Botetourt High School in November of 1980. Bryant went from an open campus with a very racially mixed student enrollment to a traditional self-contained school building with almost all white students.

"It was a completely different environment," he says. "They told me that they wanted me to restore discipline at the high school at L.B. and I remember walking the halls the first few days and not being able to figure out what the problem was."

Bryant soon found out he had some issues, but they were much different from anything he had faced in Roanoke City. One morning early in his tenure, a student arrived at school late and received a tardy slip after the young man told Bryant that he was late for school because the family's horses had gotten outside the fence.

"Later that day, his father called me and explained to me that a student at Fleming telling me the family horses were out was likely a lie, but in Botetourt County it was a real problem," he says. "So, I went and found the kid and gave him an excused tardy."

Bryant's first day of school in Botetourt was on "Deer Day", a day when the entire school used to close for the start of hunting season. When it reopened the following morning and the students poured-in, Bryant quickly realized that eliminating cowboy hats and hunting knives would solve most of the so-called discipline issues in Daleville.

"We had kids wearing cowboy hats in class and blocking the vision of those behind them and we had a number of students who brought their hunting knives to school," he says. "I told them the only things they use those buck knives for were hunting and skinning and we weren't planning on doing either one during the school day."

Bryant remained in charge of Lord Botetourt until 1986 when he got the call to join a Salem School Division that was still in its infancy and become the principal of Salem High School.

"The people in Botetourt County are some of the best in the world," he says. "They are really good folks who were incredibly good to me, so it was tough to leave."



Bryant oversaw many projects in the school division, including the new South Salem construction.

RAISING THE ROOF

Bryant took over for Bob Lipscomb as the principal of Salem High School, but he was only there one year before moving to Salem's Central Office and replacing Forest Jones in administration. For the most part, he has been the division's assistant superintendent for 30 years, serving under superintendents Walter Hunt, Wayne Tripp and Alan Seibert. His title has changed over those three decades, but his expertise in school construction has remained a constant.



Former Andrew Lewis principal Jerry Campbell & Bryant worked together during the school's renovation in 2004.

"My granddad was a brick mason, so I grew up in construction and I can generally look at a building and get a good idea of what's going on with it," he says. "Far and away, our most difficult project was Andrew Lewis because we renovated that entire building with 930 kids in the building. It was a huge challenge."

Through various construction projects during Bryant's tenure, all six of Salem's schools have been significantly improved.

In all, he has overseen more than \$45 million worth of school construction projects for the city.

"I think the new South Salem Elementary is a showplace, and I'm also very proud that we were able to maintain the historical significance of Carver while renovating and modernizing it."

Bryant has seen plenty of evolution in construction techniques over the years, but he says the two things that have changed the most during his 45 years as an educator are parents and technology.

"It used to be that the kid was wrong when the teacher said so, but now the parent always feels like the school is wrong and to me that is the biggest relational change we've experienced," he says. "Many parents try to make up for not spending time with their children by becoming their advocate in every phase of their lives, and as a result kids aren't allowed to be independent any longer."

Bryant vividly remembers the students who comprised his first class in 1971. He can recall names, the diversity represented, the manners exhibited and the work ethic possessed. Their moms, dads and

BRYANT'S IMPACT

"I first met Mr. Bryant on the wrestling mat when I was a student at Fleming and weighed 112 pounds. As my coach, he barrel rolled me back then and has been barrel rolling me ever since. Seriously, I really like the fact that he's the same way now as he was back then. The title has never changed the man or the old school way he approaches people and his job."



I have been with him his entire time in Salem and we've always had a really good relationship. He's very hands-on with employees and he always appreciates the job you do for the children, and with Mr. Bryant it is always about the kids. On the first day of school, you can bet that the buses, the buildings and the cafeteria staff are ready to roll for those students.

– **David Gregory** –
South Salem Elementary
Custodian and Professional
Drummer

"Mike always kept his God and his family first in his life and he always has been such a classy person. When I was named superintendent, he was the first person to shake my hand, congratulate me, and pledge to help me. We were both finalists for the job, and to this day Mike Bryant is a fiercely loyal colleague, mentor and friend."



His greatest challenge and claim to fame was being "the guy" who made the call on snow days. I recall one day a parent called in to say that we needed to close because there was snow sticking on her driveway. Mike told her that, to the best of his knowledge, we did not run a bus up her driveway and the streets were fine and schools were open.

Needless to say, his fingerprints are all over the school system. His pragmatic and strong leadership has benefited every student, teacher, and parent, to say nothing of the taxpayers of Salem.

– **Dr. Wayne Tripp** –
Retired Superintendent of Salem
City Schools – Bryant's friend and
colleague since 1971

"Mr. Bryant was responsible for personnel when I was first hired as a teacher at Salem High School. In a matter of minutes, he conveyed to me that in Salem the teachers are trusted and empowered, but held to very high expectations, because this community expects its teachers to be positive role models. I convey these same expectations with every teacher I recommend to the Board."



For over 25 years, I have had the personal and professional privilege of serving the children and families of this community in a school division that was shaped and made forever better thanks to his experience and expertise. Mike's leadership was crucial to establishing Salem City Schools as a school system where discipline and high expectations for all remain essential elements of The Salem Way.

– **Dr. Alan Seibert** –
Salem Superintendent of Schools
Bryant's co-worker for 25 years

grandparents supported school activities, but rarely criticized a teacher.

"The first year I taught I had blacks and whites and a number of first generation Greeks, who were all unbelievably hard working students who wanted to learn," he says. "Plus, we had parents who supported us wholeheartedly."

Bryant and many others believe that the constant parental advocacy ranging from academics to athletics has created a sense of entitlement and in many cases an overall lack of respect.

"Sadly, the relationship between the parent and the school has become adversarial in many instances," he says. "It used to be that if you got in trouble at school then you also got in trouble at home, and that's not necessarily the case now."

In truth, Bryant may be the next one to get in trouble at home. His wife also is retiring this June from Roanoke County Schools. She is currently the principal at W.E. Cundiff Elementary in Vinton.

"She's already told me that half as much money and twice as much husband may not be a good combination," he says.

Between his wife's projects and his golf game, Bryant knows he has plenty to occupy his time. He plans to continue his work at Bonsack Baptist Church, where he has performed in the church's Easter plays.

"I usually play one of the bad guys in the Bible because I do anger and hostility really well," he says.

Those sarcastic one-liners that he most often utters with a perfect deadpan delivery will be sorely missed in the halls of the central office building on College Avenue when Bryant leaves on June 30.

"I am very good at harassing people, but I am equal opportunity," he says. "I enjoy giving everybody a hard time."

Which is exactly what the division will have when he is gone...a hard time. 🐦



Bryant's family is devoted to education. Son Matt, works for Medtronics and is the only family member not tied to a school. (L to R) Matt, his wife Kelly, a 3rd grade teacher at Colonial Elementary in Botetourt, wife Sherry the retiring Principal at W.C. Cundiff in Roanoke County, daughter, Jennifer teaches 5th grade at Colonial, & son-in-law, Cory Hawks is Principal of Round Hill Elementary in Roanoke. Granddaughter, Kate, with her stepbrother, Nathan.

"I first worked with Mike in 1974, and right off the bat he taught me that you had to be a professional every single day and always set a good example for the young people. I was like a sponge back then and I tried to soak it all in. He told me the students always came first, and I remembered those things and tried to model myself after him.



Mike also modeled the discipline piece and never sugar coated anything back then. We all knew what to expect because he was a professional and treated people the same every single day. That discipline got both of us a long way, and the students we came in contact with in the 1970s are better people today because of that discipline.

Back in the day, Mike was one of the best wrestling coaches around. I still remember him standing up on a chair at the matches to make sure our kids could hear his instructions.

- George "Kila" Miller -
Ret. Roanoke City teacher, coach & principal. Coached with Bryant at Wm. Fleming in the 1970s

"In my 17 years on the school board, I saw a great deal of new construction and many renovations. To this day, I am still amazed at how well Mike knows every inch of every piece of property in the school division. He can tell you anything you want to know about any of the properties. No one will be able to replace the historical knowledge he has of these facilities.



As the head of the Disciplinary Review Committee, he would try to come across as the tough, mean, no exceptions to the rules type administrator, but in reality, he had the best interest of the student always as his top priority. Even if the student received a harsh, deserved outcome, Mike would always make sure the student was cared for and he or she could continue to get an education under the best circumstances possible. Mike cared very much for all students and only wanted the best for them.

- Sally Southard -
Salem School Board Member for 16 Years. Served as Bryant's Board Chair from 1999 - 2013

"When I was a secretary at South Salem Elementary, I honestly was scared of Mr. Bryant, but over the years, I have grown to admire and respect him greatly because he truly has a heart of gold. He has a special place in his heart for our children and you can witness all of that caring every single day as he goes beyond what he is called to do. Whether it is picking up kids who have missed the bus or giving advice to fellow employees, he is always willing to help.



On a couple of personal notes, he is a wonderful home improvement resource because of all of his knowledge about construction. He also saved me from the heat one summer when South Salem didn't have air conditioning. He brought a window unit to the school and placed it in the doorway of my office, so I would not melt. Plus, he makes the best coffee of anyone in the entire school division.

- Kathy Jordan -
Salem School Board Clerk and Division Employee for 24 years

SALEM VA

2017 EVENT CALENDAR

APRIL

3	Senior Center Bluegrass	Senior Center
7	Roanoke Symphony "Beatle Mania"	Salem Civic Center
12	16th Annual Senior Fun Day	Salem Civic Center
13	Easter Egg Hunt	Longwood Park
16	Our Lady of Nazareth Easter Service	Salem Civic Center
21-23	Chance Crawford Softball Tournament	Moyer Complex
22	The Color Run	Salem Civic Center
22-29	64th "Pig" Robertson Fishing Rodeo	Lake Spring Park
28	Salem After Five - Domino	Farmers Market
27	Alice Cooper in Concert	Salem Civic Center
28-30	ODAC Women's Softball Championship	Moyer Complex
29	BBB Shred & Secure Your ID Day	Salem Civic Center
29-30	Salem Gun & Knife Traders Show	Salem Civic Center

MAY

1	Senior Center Bluegrass	Senior Center
6	Allstate Flea Market	Salem Civic Center
12	Roanoke Symphony "My Fair Broadway"	Salem Civic Center
12	Movies at Longwood - Jungle Book	Longwood Park
13	Relay for Life	Longwood Park
18	Darren Knight Comedy Tour	Salem Civic Center
19	Trace Adkins in Concert	Salem Civic Center
19	Salem After Five - The Kings	Farmers Market
20	Under the Streetlamp in Concert	Salem Civic Center
22	Lord Botetourt Graduation	Salem Civic Center
25-29	NCAA DII Softball Championship	Moyer Complex
26-28	Roanoke Valley Gem & Mineral Show	Salem Civic Center
27-28	NCAA DIII Women's Lacrosse Champ.	Roanoke College
31	Cardinal Academy Graduation	Salem Civic Center

JUNE

5	Senior Center Bluegrass	Senior Center
9	Roanoke County School Graduations	Salem Civic Center
9	Movies at Longwood - Secret Life of Pets	Longwood Park
14	Salem High School Graduation	Salem Civic Center
19	Carolina League All-Star Festivities	Kiwanis Field
20	Carolina League All-Star Game	Memorial Ballpark
23	Salem After Five - Uptown	Farmers Market
28- July 9	30th Annual Salem Fair	Salem Civic Center

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JULY

10	Senior Center Bluegrass	Senior Center
14	Movies at Longwood - Finding Dory	Longwood Park
15	Jazz in July	Longwood Park
21	Salem After Five - Fuzzy Logic	Farmers Market
22-23	Salem Gun & Knife Traders Show	Salem Civic Center
31	Summer Music Games	Salem Stadium

AUGUST

2-6	Mountain Valley Cluster Dog Show	Salem Civic Center
7	Senior Center Bluegrass	Senior Center
11	Salem After Five - The Tams	Farmers Market
12	Salem Distance Run	Longwood Park
18	Movies at Longwood - Angry Birds	Longwood Park
19	Vintage Comic Book Showcase	Salem Civic Center

SEPTEMBER

2	Roanoke Valley Mopar Car Show	Salem Civic Center
8	I Love the 90's - The Party Continues	Salem Civic Center
9	Olde Salem Days	Downtown Salem
16-17	Salem Gun & Knife Traders Show	Salem Civic Center
23-24	Fall Home Show...Home, Garden, & Life	Salem Civic Center

OCTOBER

3	Senior Center Bluegrass	Senior Center
14	Salem Half Marathon	Farmers Market
21	BBB Shred & Secure Your ID Day	Salem Civic Center
28	Pumpkinfest	Farmers Market
28-29	Salem Gun & Knife Traders Show	Salem Civic Center



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A CUP OF KINDNESS

Salem High School's Special Education Program has partnered with Starbucks.

By Mike Stevens

If the Roanoke Valley is suddenly facing a glut of talented baristas in the coming years, you might be able to blame the abundance of coffee experts on Salem High School.

A program in the school's Special Education Department, fueled by the Spartan Square Starbucks, has turned the final day of each school week into "Coffee Friday" for faculty and staff members.

"This started through relationships between our teachers and the staff at Starbucks," says Scott Habeeb, Salem High School Principal. "The Starbucks folks reached out and

really wanted to see if there was a way to help this segment of our student population develop some valuable job skills."

Salem High teacher Candice McNew and several of her cohorts in the special education department took Starbucks' General Manager Janis Long up on her offer about a year ago and began a program with a dozen students. The goal was to deliver coffee to teachers during their first period classes and give them a boost every Friday.

"You get the work piece, the

Coffee Coordinators:
Special Education Teachers
Candice McNew, Megan
Johnson and Instructional
Assistant Nalani Burns.



social piece and community piece all wrapped up into one with this program,” says McNew. “These kids take so much pride in this program and giving them these opportunities has done a great deal for their confidence.”

Like anything, practice makes perfect and in this instance, the improvements have been noteworthy.

“The Students have progressed from being heavily prompted and instructed to learning their tasks and now doing everything independently,” says McNew. “We had discussions in the classroom on how to use manners and appropriately deliver the coffee without interrupting a class. The fact that they have been able to handle these tasks with multiple steps speaks volumes to the value of this program.”

Not to mention the value of Starbucks as a corporate partner.

Each Friday, Starbucks provides enough coffee and supplies for 70 individual orders. They provide the cups, stirrers, sweetener, cream, carrying caddies and lids free of charge.

“This is an example of a huge international corporation caring about local needs and local kids,” says Habeeb. “They have been incredibly generous to the school and the students.”

The students fill the orders that range from black coffee to java with multiple ingredients in assembly line fashion. McNew uses a dry erase board to chart the progress and usually, without too much spillage, the deliveries are completed right on schedule.

“This is extremely satisfying and one of those moments as a teacher when you know you’ve done your job,” says McNew. “We’re giving these students an opportunity to be successful in the classroom and in the community and they take so much pride in being able to do this independently.”

“This allows students to learn some really transferrable skills that they can actually take into the marketplace with them after high school,” says Habeeb. “This gives these students a chance to be an integral part of our school life. In some schools these students may get overlooked, but on Fridays, especially, they are the centerpiece of Salem High School.” 🦅



Each Friday morning, the Spartan Square Starbucks supplies everything needed for the program. Students work in an assembly line fashion to prepare the orders and then deliver them throughout the school during first period classes.



OFF-DUTY / ON-POINT

Spencer St. Cyr saved the lives of two people while off-duty.



— By Mike Stevens —

Salem's Police Officer of the Year for 2016 is a young man who knew from a very early age that law enforcement would be his calling. "I always knew it would be a public service career for me," says Officer Spencer St. Cyr. "If it didn't have a gun, a badge and a fast car in it, I wasn't interested. There's no way I could sit in an office every day."

“ To do this job, you often have to be two different people and be able to flip a switch. That night I just flipped my switch and started doing work.

Salem’s Police Officer of the Year for 2016 is a young man who knew from a very early age that law enforcement would be his calling.

“I always knew it would be a public service career for me,” says Officer Spencer St. Cyr. “If it didn’t have a gun, a badge and a fast car in it, I wasn’t interested. There’s no way I could sit in an office every day.”

On the night of August 20, 2016, St. Cyr was off-duty, but still spot-on as he saved the lives of two innocent people and preserved critical crime scene evidence in a federal case. His bravery and quick thinking inspired his peers at the Salem Police Department to select him for this prestigious annual honor.

“It means a lot to me because my fellow officers voted for me, but there are many others just as deserving,” says St. Cyr. “It takes a team effort for this to happen and at the end of the day the thing I care most about is the wellbeing of those two people.”

On that summer evening last August, St. Cyr was off the clock when he discovered a man and a woman who had been stabbed multiple times at an apartment complex in Southwest Roanoke County. Immediately, his instincts and all of the training he had received over the years kicked-in.

“To do this job, you often have to be two different people and be able to flip a switch,” he says. “That night I just flipped my switch and started doing work. God puts you exactly where he needs you, and I think this definitely was one of those situations.”

Both victims had suffered serious injuries in the knife attack and while they were St. Cyr’s first concern, he also made sure he preserved the crime scene until Roanoke County Police arrived on the scene.

“The scene was really broken in two with the evidentiary scene containing the weapons and blood evidence,” he says. “I told the people who were there that I was a police officer and I tried to keep anyone from tampering with the evidence. There was a helplessness to the situation, but despite that, I felt a calming feeling come over me. I felt like everything was going to be alright and for some reason I knew I was going to be fine.”

St. Cyr’s quick thinking and willingness to jump into the middle of a chaotic scene, even though he was off-duty, helped lead to the arrest of the accused attacker. The man is still in custody and the FBI investigation is still active.

“The female victim was the most severely hurt of the two and I just kept talking to her to keep her distracted from the pain,” he said. “The guy was pretty badly hurt too, but I was able to ask him police questions while I was attending to his injuries and get some information for the Roanoke County Police.”

“Spencer is an energetic and prepared young man who acted on his instincts and training to save two lives,” says Salem Police Department Major Derek Weeks. “We are extremely proud of

Spencer and he is now part of the Salem Police Department’s history.”

St. Cyr is a 2011 Hidden Valley High School graduate who will turn 25-years-old this May. Late last year, Roanoke County Police Chief Howard Hall also recognized the young officer for his bravery and heroism during a ceremony at the Salem Police Department.

“I don’t think there has ever been such a pivotal time for law enforcement in this country and that is part of the reason why this award means so much to me,” says St. Cyr. “I am not in the business of winning trophies. As officers we are in the business of saving lives.”

The Salem-Roanoke County Chamber of Commerce formally honored St. Cyr at its annual dinner and gala on March 10 at the Hotel Roanoke.

“We are very proud to have Officer St. Cyr represent the Salem Police Department as our Officer of the Year,” says Salem Police Chief Mike Crawley. “He is a bright young officer with an abundance of potential and we are glad he is a part of our team. Our employees are constantly challenged to strive to become better people within our communities, and Officer St. Cyr’s actions prove that he is more than willing to take on that challenge.”

“Many people my age haven’t had these experiences, but I wouldn’t trade them for the world,” says St. Cyr. “In the end, I will be a much better and wiser person and I am thankful for the opportunity to serve.” 🦅



Salem Chief Mike Crawley, Roanoke County Chief Howard Hall and Salem Major Derek Weeks presented St. Cyr with a Life Saving Award for his heroics on August 20, 2016.

I LOVE THE 90's
THE PARTY CONTINUES TOUR

TLC

WITH SPECIAL GUESTS

**naughty
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NATURE**

**BIZ
MARKIE**

TONE-LOC



FRIDAY, SEPTEMBER 8

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 **SALEM CIVIC CENTER**
Taliaferro Complex



THE FINAL SHOT

The last Carver High School basketball team averaged nearly 100 points a game and was unbeaten heading to the state tournament in 1966.

By Mike Stevens

In 1966, the Times World Corporation published The Roanoke Times in the morning and The World News in the afternoon. Two separate papers, two separate staffs with enough advertising dollars from businesses and demand from the public to support both publications.

Large parts of society in the Roanoke Valley were still very segregated in March of that year, but the sports pages of the two papers were not. That meant that Salem's Carver School and its dominant basketball team could go toe-to-toe with Andrew Lewis, Jefferson and Patrick Henry in print, even if the players could not meet on the court.

"We would go up behind the T.N. Williams center the day after a game and look at the paper and see where we scored 100 and Andrew Lewis scored just 55 points in their game," says Joe Harris, Carver's Captain in 1966. "We joked about it, but we couldn't play them because of segregation."

Harris was a five-foot, six-inch speedster, who talked as fast as he played. He excelled as a running back and quarterback on the football team, starred in "The King and I" as a thespian and in 1966, the final year the Carver School was open before integration took effect, Harris helped lead the Eagles basketball team to an unbeaten 20-0 regular season by averaging over 21 points a game.

Fifty years removed from Carver School's final basketball game, 69-year-old Joe Harris remembers the season like it was yesterday.



Final Squad: The last team in Carver history went undefeated in the regular season and finished runners-up in the state at 22-1. **Back:** Coach Roland Malone, James Childress, Michael Hylton, Lewis Jeter, Joe Gaither, Jhue Hamilton, Principal C.D. Harmon. **Front:** Perry Taylor, Larry Terry, Joe Harris, Royal Jernigan, George Vineyard.



“ All of us could fly up and down the floor and our big men looked like B52s coming down the court.

– Joe Harris, 1966 Eagles Captain

“It was such a privilege to be on a team where everybody could play at a high level,” says Harris. “All of us could fly up and down the floor and our big men looked like B52s coming down the court.”

One of those big men was James Childress. The six-four junior from the Vinton-area of Roanoke County led all scorers in the City-County area averaging just under 29 points a game in that 1965-66 season.

“In 1965 we scrimmaged Clifton Forge inside the Andrew Lewis gym, and that was the first time any of us had played a mostly white team,” he says. “They had Walker Banks on their team that year and he was almost seven feet tall. We put the press on them boys the second half and it was like who let the dogs out.”

Harris and Childress were a dynamic duo on a team that also included Michael Hylton, Jhue Hamilton, Joe Gaither, Larry Terry, George Vineyard, Lewis Jeter, Perry Taylor and Royal Jernigan. Head coach Roland Malone only had 10 players to execute his relentless pressure defense, so everyone had to be in top physical condition.

“We only had 90 boys in the entire school,”

Malone said in a 2011 interview for the Carver Project documentary. “I used to say we were a small piece of leather, but we were well put together.”

Tough as leather is a good way to describe Malone’s tenacity and disdain for defeat. After losing the 1964 Virginia Interscholastic Association State Championship, the veteran coach and disciplinarian blamed himself for the loss and told his players that he did not have them properly prepared.

That summer, he set out to remedy that wrong when he attended a coaching clinic at Madison Square Garden in New York City taught by the legendary U.C.L.A. coach John Wooden.

“He learned the ins-and-outs of the zone press at that clinic and no one in this area in the 1960s was using that type of defense,” says Harris. “He felt like it was perfectly suited to our team since we were loaded with speed and shooters. He told us we should never lose another game with our three zone presses.”

Had there not been a team in Suffolk named Booker T. Washington, Carver would have been unbeaten. In both 1965 and 1966, Carver lost in

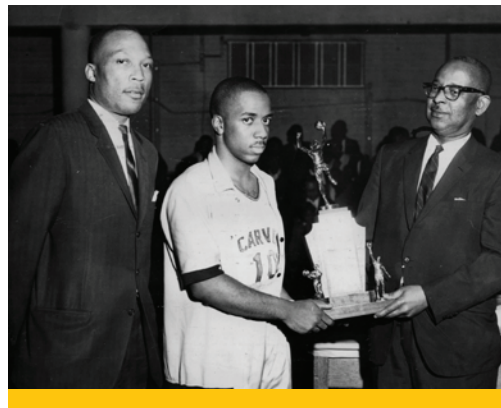
the state title game to Booker T. in Petersburg. Three straight second place finishes in the state tournament were tremendous accomplishments for the program and the school, but perhaps the greatest achievement came a few days after the final game in school history.

The World News Sports Department, which featured future hall of fame writer Bob McLelland in 1966, published its City-County All-Star team story on March 25, 1966. Of the seven players and coaches featured in the article, three were black and all from Carver. For segregated times it remains an incredible snapshot of the era and, ironically, it was published in color, another rarity for the 1960s.

“Man, there were three colored people in a color picture, and I think that was the only color photo they had in the paper all month,” says Harris. “You know people weren’t happy about that back then.”

The first team consisted of Carver stars Harris and Childress and the only unanimous selection, Jefferson High’s Rich McGeorge, who was a first round draft pick in the NFL and played nine years with the Green Bay Packers. The team also featured Patrick Henry’s Jackie Burrows, who attended Virginia Tech on a tennis scholarship, and Andrew Lewis Wolverine Hal Johnston, the Most Valuable Player on Roanoke College’s 1972 National Championship team.

“Really, there were four blacks on that team because we always considered Hal Johnston one of us since we played with him in the summers all the time,” says Harris. “They really wanted Patrick



Malone and Harris accepted the state runner-up trophy at the 1966 championship.

Henry’s Noble Marshall to be the fifth man on the team instead of me, and I remember that Coach Mosser didn’t shake our hand the day we took the photo at Roanoke Catholic.”

Marshall had been a first team selection the season before, but Harris easily beat him out in the voting for the final first team spot. Malone also took his rightful, if not surprising place in the photo, posing shoulder to shoulder with Mosser as the City-County team’s co-Coach of the Year.

“Sure, we are proud of that accomplishment,” says Harris. “Carver prepared us for life outside of school. Our teachers knew it wasn’t always going to be fair, but if we had discipline and respect to go with our talents we would always have a better chance of finding success.”

And those words hold true in color or black and white. 🦅



The Cream of the Crop in the City-County: This photo appeared in the March 25, 1966 edition of the Roanoke World News. **Back:** Hal Johnston from Andrew Lewis High School, Rich McGeorge from Jefferson High School, William Childress from Carver, Jackie Burrows from Patrick Henry and Joe Harris from Carver. **Front:** Carver head coach Roland Malone and Patrick Henry head coach Len Mosser Sr.



Stormwater Bulletin

Stormwater runoff is any water that runs off a site after a rainstorm. Unlike sanitary sewer waste, storm sewer pipes do not lead to a treatment plant; stormwater goes straight into local waterways!

The volume of this runoff alone is enough to cause concerns but an even bigger problem is when pollutants contaminate this water as well. For the Roanoke River and therefore the City of Salem, three pollutants are particularly concerning and therefore have a total maximum daily load (TMDL) that our waterways can safely handle.

These 3 TMDL pollutants of concern are:

- **Sediment:** Loose soil particles that settle at the bottom of a body of water. These loose soil particles are produced primarily by erosion.
 - **Solution:** Minimize disturbed areas of soil during any type of construction project and quickly stabilize the area with vegetation. If you live by a stream, avoid mowing 10-25 feet from the edge. Use a commercial car wash or wash at home on a pervious surface such as grass or gravel. Install a rain barrel/garden to reduce runoff volume, thereby reducing streambank erosion.
- **Bacteria:** Certain types of harmful bacteria such as E-Coli have measured levels that are too high for a healthy environment.
 - **Solution:** The simplest and most effective way for people in a city such as Salem to reduce bacteria levels is picking up after pets! Whether it is by a trail or in the yard, scoop that poop!

- **Polychlorinated biphenyls (PCBs):** A group of man-made organic chemicals that was banned in 1979 due to the harmful effect they had on the environment.

- **Solution:** This issue is more industry specific than the other TMDLs but if you are renovating or demolishing a structure constructed between 1950 and 1979 then you should be careful when disposing of fluorescent light ballasts, caulking, and paint. For more info, visit www.epa.gov/pcbs



Always clean up after your pets by properly disposing of their waste. The City of Salem has Mutt Mitt dispensers located along the Roanoke Valley Greenway to assist you in this process. Simply slip a mitt or plastic bag on your hand, grab the waste, invert the bag and toss it.

Did you know that it is illegal to dump things down the storm drains? **ONLY RAIN DOWN THE DRAIN!**

An **Illicit discharge** is any discharge to the storm sewer system or to the waters of the United States that is not composed entirely of stormwater.

The above definition is directly from the Salem, Virginia Code of Ordinances. Illicit storm sewer system discharges are in Article V of Chapter 30 – Environment. Here you can also find the penalties for illegally discharging anything other than stormwater into the storm sewer system.

Penalty: Anyone found to be in violation of this illicit discharge ordinance shall be guilty of a Class 1 misdemeanor and subject to a civil penalty up to \$1,000.00 for each day that a violation continues.



Stormwater drains are located everywhere in the city and lead directly to the Roanoke River.



If not properly disposed of, unused oil-based paint can damage our water supply.

Below are some examples of common source pollutants that become illicit discharges along with ways to keep that from happening:

- **Automotive fluids:** Keep absorbent handy for spills, keep containers sealed, and recycle.
- **Trash:** Get that trash in the can! Thereby reducing the floatables in stormwater.
- **Fertilizer/Pesticides/Herbicides:** Follow the manufacturer application instructions to avoid excess and do not apply before forecasted rain.
- **Paints/Solvents:** These can be disposed of at a hazardous waste day. For water based paint, simply let it dry out before throwing it away.
- **Landscape waste:** Do not blow grass clippings out into the streets where they wash into curb inlets and become sediment. Mulch or compost yard waste instead. At least blow clippings back into the yard so they do not clog storm drains!





WATER REPORT



SALEM VA



2016 WATER QUALITY REPORT

We are pleased to present to you this year's Annual Water Quality Report. This report is designed to inform you about the quality of water and services we deliver to you every day. Our constant goal is to provide you with a safe and dependable supply of drinking water. We want you to understand the efforts we make to continually improve the water treatment process and protect our water resources. We are committed to ensuring the quality of your water. Our water source is the Roanoke River, and three (3) ground water wells. In emergencies, we purchase or exchange water with the Western Virginia Water Authority (WVWA).

The Virginia Department of Health has completed a source water assessment for our waterworks system. This assessment provides information on possible sources of contamination to our source water. As determined by the source water assessment, the possibility of contamination to our water source (Roanoke River) is

high. This is due to the fact that surface water is exposed to an inconsistent array of contaminants at varying concentrations due to changing hydrologic, hydraulic and atmospheric conditions with land use activities of concern in the assessment area. To view a copy of this water assessment, please contact the City of Salem Water Department office at 540-375-3029.

Please remember that we need your help in the protection of this valuable water resource.



Awarded the Virginia Office of Drinking Water Gold Award for Excellence in Clarification, Filtration and Backwash for the years of 2013, 2014, 2015 & 2016.

WHAT'S NEW?

Our utility is committed to protecting public health and meets or surpasses all state and federal health standards for tap water. We constantly monitor for various constituents in the water supply to meet all regulatory requirements. Monitoring various sites in the distribution system helps us to better protect public health. To help advance the science of drinking water, we collect data for the USEPA on the occurrence of various compounds and organisms in the water supply.

This is the first step in the USEPA's efforts to determine whether these should be regulated. In October 2016, we began a two-year study to determine how much *Cryptosporidium* and *Giardia lamblia* may be in the Roanoke River. The presence of a compound does not necessarily equate to a health risk; the concentration of a compound is a far more important factor in determining whether there are health implications. We closely monitor the concentration of these compounds, should the USEPA ultimately determine that regulation is warranted, we will take whatever steps are necessary to protect the health of our citizens.

WHO CAN I CONTACT?

This report shows our water quality and what it means.

If you have any questions concerning this report or your water utility, please contact Frank Young – Chief Water Treatment Plant Operator, or Marcus Potts – Chemist at 540-375-3029. We want our valued customers to be informed about their water utility. If you want to learn more, please attend any of the regularly scheduled City Council meetings. They are held on the second and fourth Monday of each month in council chambers.

The City of Salem Water Department routinely monitors for constituents in your drinking water mandated by Federal and State laws. The following table shows the results of our monitoring for the period of January 1st to December 31st, 2016. All drinking water, including bottled drinking water, may be reasonably expected to contain at least small amounts of some constituents. It's important to remember that the presence of these constituents does not necessarily pose a health risk.

In the following table you will find many terms and abbreviations you might not be familiar with. To help you better understand these terms we've provided the following definitions:

Non-Detects (ND) - laboratory analysis indicates that the constituent is not present.

Parts per million (ppm) or Milligrams per liter (mg/l) - one part per million corresponds to one minute in two years or a single penny in \$10,000.

Parts per billion (ppb) or Micrograms per liter - one part per billion corresponds to one minute in 2,000 years, or a single penny in \$10,000,000.

Parts per trillion (ppt) or Nanograms per liter (nanograms/l) - one part per trillion corresponds to one minute in 2,000,000 years, or a single penny in \$10,000,000,000.

Parts per quadrillion (ppq) or Picograms per liter (picograms/l) - one part per quadrillion corresponds to one minute in 2,000,000,000 years or one penny in \$10,000,000,000,000.

Picocuries per liter (pCi/L) - picocuries per liter is a measure of the radioactivity in water.

Millirems per year (mrem/yr) - measure of radiation absorbed by the body.

Million Fibers per Liter (MFL) - million fibers per liter is a measure of the presence of asbestos fibers that are longer than 10 micrometers.

Nephelometric Turbidity Unit (NTU) - nephelometric turbidity unit is a measure of the clarity of water. Turbidity in excess of 5 NTU is just noticeable to the average person.

Action Level - The concentration of a contaminant which, if exceeded, triggers treatment or other requirements which a water system must follow.

Treatment Technique (TT) - A treatment technique is a required process intended to reduce the level of a contaminant in drinking water.

Maximum Contaminant Level - The "Maximum Allowed" (MCL) is the highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.

Maximum Contaminant Level Goal - The "Goal" (MCLG) is the level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.

Presence / Absence (P/A) - The concentration of the contaminant is zero to be in compliance with the Total Coliform Rule.

WHAT DOES THIS MEAN?

As you can see by the table, our system had no violations. We're proud that your drinking water meets or exceeds all Federal and State requirements. We have learned through our monitoring and testing that some constituents have been detected. The USEPA has determined that your water IS SAFE at these levels. In order to ensure that tap water is safe to drink, USEPA prescribes regulations which

limit the amount of certain contaminants in water provided by public water systems. (MCL's are set by the U.S. Environmental Protection Agency. In developing the standards EPA assumes that the average adult drinks two (2) liters of water each day throughout a 70-year life span. The USEPA generally sets MCL's at levels that will result in no adverse health effects for some contaminants or a one-in-ten-thousand to one-in-a-million chance of having the described health effect for other contaminants.) Food and Drug Administration (FDA) regulations establish limits for contaminants in bottled water which must provide the same public health protection. This table lists contaminants that had some level of detection. Many other contaminants were analyzed for but were not present or were below the detection limits of the lab equipment. Most of the results in the table are from testing done in 2016. However, state and federal agencies allow us to monitor for some contaminants less than once per year because the concentrations of the contaminants do not change frequently. Some of our data, though accurate, is more than one year old.

All drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that the water poses a health risk. Some people may be more vulnerable to contaminants in drinking water than the general population. Immuno-compromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants can be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. EPA/CDC guidelines on appropriate means to lessen the risk of infection by *Cryptosporidium* and other microbiological contaminants are available from the Safe Drinking Water Hotline (800-426-4791) or www.epa.gov/your-drinking-water/safe-drinking-water-hotline

To learn even more about your water after reviewing this report, please call our office at 540-375-3029 or visit the City's website at water.salemva.gov

We at the City of Salem Water Department work around the clock to provide top quality water to every tap. We ask that all our customers help us protect our water sources, which are the heart of our community, our way of life and our children's future.

TEST RESULTS 2016						
Contaminant	Violation Y/N	Level Detected	Unit Measurement	MCLG	MCL	Likely Source of Contamination
Microbiological Contaminants						
1. Total Coliform Bacteria	N	0 samples	P/A	0	presence of coliform bacteria > 5% of monthly samples	Naturally present in the environment
2. Fecal coliform and <i>E.coli</i>	N	0 samples	P/A	0	a routine sample and repeat sample are total coliform positive, and one is also fecal coliform or <i>E. coli</i> positive	Human and animal fecal waste
3. Turbidity	N	0.021-0.106	NTU	n/a	≤ 0.3NTU	Soil runoff, (see note #3)
4. Cryptosporidium	N	0	Oocysts per 10 liters	0	99% removal by filtration plus addition as required under the LT2ESWTR	Human and animal fecal waste THIS IS UNTREATED WATER!!
5. Giardia lamblia	N	1-7	Cysts per 10 liters	0	99.9% removal or inactivation	Human and animal fecal waste THIS IS UNTREATED WATER!!
Radioactive Contaminants (This 2014 data is the most recent available.)						
6. Beta/photon emitters	N	1.5	pCi/1	0	4	Decay of natural and man-made deposits
7. Alpha emitters	N	<0.9	pCi/1	0	15	Erosion of natural deposits
8. Combined radium	N	<0.6	pCi/1	0	5	Erosion of natural deposits
Inorganic Contaminants						
9. Antimony	N	< 2	ppb	6	6	Discharge from petroleum refineries; fire retardants; ceramics; electronics; solder
10. Arsenic	N	< 2	ppb	n/a	10	Erosion of natural deposits; runoff from orchards; runoff from glass and electronics production wastes
11. Aluminum	N	0.16	ppm	0.05-0.20	0.20	Metal used in electrical conductors, explosives, paints, photography, utensils
12. Barium	N	0.037	ppm	2	2	Discharge of drilling wastes; discharge from metal refineries; erosion of natural deposits
13. Beryllium	N	< 2	ppb	4	4	Discharge from metal refineries and coal-burning factories; discharge from electrical, aerospace, and defense industries
14. Cadmium	N	< 2	ppb	5	5	Corrosion of galvanized pipes; erosion of natural deposits; discharge from metal refineries; runoff from waste batteries and paints
15. Chromium	N	< 10	ppb	100	100	Discharge from steel and pulp mills; erosion of natural deposits
16. Corrosivity	N	10.8	Aggressive Index	n/a	noncorrosive	Physical property of water
17. Silver	N	<0.01	ppm	n/a	0.10	Naturally occurring in environment
18. Chloride	N	11.7	ppm	n/a	250	Naturally occurring in environment
19. Sulfate	N	16.3	ppm	n/a	250	Naturally occurring in environment
20. pH	N	7.22 – 8.09	pH units	n/a	6.6 – 8.5	Acidity or basicity of water
21. Total dissolved solids	N	180	ppm	n/a	500	Physical property of water
22. Iron	N	< 0.05	ppm	n/a	0.3	Naturally occurring in environment
23. Manganese	N	<0.01	ppm	n/a	0.05	Naturally occurring in environment
24. Nickel	N	< 0.01	ppm	n/a	0.1	Naturally occurring in environment, Used in alloys, protective coatings
25. Zinc	N	< 0.01	ppm	n/a	5	Naturally occurring in environment, Used in alloys, batteries, fungicides
26. Color	N	<5	Color units	n/a	15	Physical property of water
27. Sodium	N	5.57	ppm	n/a	n/a	Naturally occurring in environment
28. Chlorine	N	0.82 – 1.83	ppm	4	4	Required disinfectant added during the treatment process to eliminate bacteria

29. Fluoride	N	0.18 – 0.79	ppm	4	4	Erosion of natural deposits; water additive which promotes strong teeth; discharge from fertilizer and aluminum factories
30. Cyanide (see note #30)	N	<0.02	ppm	0.2	0.2	Discharge from steel/metal factories; discharge from plastic and fertilizer factories
31. Mercury (inorganic)	N	< 0.2	ppb	2	2	Erosion of natural deposits; discharge from refineries and factories; runoff from landfills; runoff from cropland
32. Nitrate/Nitrite (as Nitrogen)	N	0.49	ppm	10	10	Runoff from fertilizer use; leaching from septic tanks, sewage; erosion of natural deposits
33. Ortho Phosphate	N	<0.05	ppm	n/a	n/a	Used in drinking water treatment
34. Selenium	N	< 0.01	ppm	0.05	0.05	Discharge from petroleum and metal refineries; erosion of natural deposits; discharge from mines
35. Thallium	N	< 2	ppb	0.5	2	Leaching from ore-processing sites; discharge from electronics, glass, and drug factories
36. Hardness	n/a	145 – 239	ppm	n/a	n/a	Primary dissolved limestone minerals from soil and rock materials
37. Alkalinity	n/a	98 – 182	ppm	n/a	n/a	Primary dissolved limestone minerals from soil and rock materials
Synthetic Organic Contaminants including Pesticides and Herbicides						
38. 2,4-D	N	< 1.0	ppb	70	70	Runoff from herbicide used on row crops
39. 2,4,5-TP (Silvex)	N	< 0.5	ppb	50	50	Residue of banned herbicide
40. Carbaryl	N	< 0.5	ppb	0	700	A pesticide used on forest lands
41. Alachlor	N	< 0.2	ppb	0	2	Runoff from herbicide used on row crops
42. Atrazine	N	< 0.5	ppb	3	3	Runoff from herbicide used on row crops
43. Benzo(a)pyrene (PAH)	N	< 0.2	ppb	0	0.2	Leaching from linings of water storage tanks and distribution lines
44. Carbofuran	N	< 0.2	ppb	40	40	Leaching of soil fumigant used on rice and alfalfa
45. Chlordane	N	< 0.2	ppb	0	2	Residue of banned termiticide
46. Dalapon	N	< 3	ppb	200	200	Runoff from herbicide used on rights of way
47. Di(2-ethylhexyl) adipate	N	< 1	ppb	400	400	Discharge from chemical factories
48. Di(2-ethylhexyl) phthalate	N	< 2	ppb	0	6	Discharge from rubber and chemical factories
49. Dibromochloropropane	N	< 0.02	ppb	0	0.2	Runoff/leaching from soil fumigant used on soybeans, cotton, pineapples, and orchards
50. Dinoseb	N	< 1	ppb	7	7	Runoff from herbicide used on soybeans and vegetables
51. Diquat	N	< 0.4	ppb	20	20	Runoff from herbicide use
52. Methomyl	N	< 0.5	ppb	0	200	Broad spectrum insecticide
53. Aldicarb Sulfoxide	N	< 0.5	ppb	0	4	Runoff from insecticide use, applied directly to soil
54. Aldicarb Sulfone	N	< 0.7	ppb	0	2	Runoff from insecticide use, applied directly to soil
55. Aldicarb	N	< 0.5	ppb	0	3	Runoff from insecticide use, applied directly to soil
56. Ethylene dibromide	N	< 0.02	ppb	0	0.05	Discharge from petroleum refineries
57. Dicamba	N	< 0.1	ppb	200	200	Runoff from herbicide use
58. Heptachlor	N	< 0.1	ppb	0	0.4	Residue of banned termiticide
59. Heptachlor epoxide	N	< 0.5	ppb	0	0.2	Breakdown of heptachlor
60. Hexachlorobenzene	N	< 0.1	ppb	0	1	Discharge from metal refineries and agricultural chemical factories
61. Hexachlorocyclopentadiene	N	< 0.5	ppb	50	50	Discharge from chemical factories
62. Lindane	N	< 0.1	ppb	0.2	0.2	Runoff/leaching from insecticide used on cattle, lumber, gardens

63. Methoxychlor	N	< 0.2	ppb	40	40	Runoff/leaching from insecticide used on fruits, vegetables, alfalfa, livestock
64. Oxamyl [Vydate]	N	< 2.0	ppb	200	200	Runoff/leaching from insecticide used on apples, potatoes and tomatoes
65. PCBs [Polychlorinated biphenyls]	N	< 0.2	ppb	0	0.5	Runoff from landfills; discharge of waste chemicals
66. Pentachlorophenol	N	< 0.1	ppb	0	1	Discharge from wood preserving factories
67. Picloram	N	< 1	ppb	500	500	Herbicide runoff
68. Simazine	N	< 0.5	ppb	4	4	Herbicide runoff
69. Toxaphene	N	< 1	ppb	0	3	Runoff/leaching from insecticide used on cotton and cattle

Volatile Organic Contaminants

70. Benzene	N	< 0.5	ppb	0	5	Discharge from factories; leaching from gas storage tanks and landfills
71. Carbon tetrachloride	N	< 0.5	ppb	0	5	Discharge from chemical plants and other industrial activities
72. Chlorobenzene	N	< 0.5	ppb	100	100	Discharge from chemical and agricultural chemical factories
73. o-Dichlorobenzene	N	< 0.5	ppb	600	600	Discharge from industrial chemical factories
74. p-Dichlorobenzene	N	< 0.5	ppb	75	75	Discharge from industrial chemical factories
75. 1,2 - Dichloroethane	N	< 0.5	ppb	0	5	Discharge from industrial chemical factories
76. 1,1 - Dichloroethylene	N	< 0.5	ppb	7	7	Discharge from industrial chemical factories
77. cis-1,2-Dichloroethylene	N	< 0.5	ppb	70	70	Discharge from industrial chemical factories
78. trans - 1,2 -Dichloroethylene	N	< 0.5	ppb	100	100	Discharge from industrial chemical factories
79. Dichloromethane	N	< 0.5	ppb	0	5	Discharge from pharmaceutical and chemical factories
80. 1,2-Dichloropropane	N	< 0.5	ppb	0	5	Discharge from industrial chemical factories
81. Ethylbenzene	N	< 0.5	ppb	700	700	Discharge from petroleum refineries
82. Styrene	N	< 0.5	ppb	100	100	Discharge from rubber and plastic factories; leaching from landfills
83. Tetrachloroethylene	N	< 0.5	ppb	0	5	Leaching from PVC pipes; discharge from factories and dry cleaners
84. 1,2,4 -Trichlorobenzene	N	< 0.5	ppb	70	70	Discharge from textile-finishing factories
85. 1,1,1 - Trichloroethane	N	< 0.5	ppb	200	200	Discharge from metal degreasing sites and other factories
86. 1,1,2 -Trichloroethane	N	< 0.5	ppb	3	5	Discharge from industrial chemical factories
87. Trichloroethylene	N	< 0.5	ppb	0	5	Discharge from metal degreasing sites and other factories
88. TTHM [Total trihalomethanes]	N	16.3 – 60.4	ppb	0	80	By-product of drinking water chlorination
89. HAA5 [Haloacetic acids]	N	13.3 – 49.3	ppb	n/a	60	By-product of drinking water chlorination
90. Toluene	N	< 0.5	ppm	1	1	Discharge from petroleum factories
91. Vinyl Chloride	N	< 0.5	ppb	0	2	Leaching from PVC piping; discharge from plastics factories
92. Xylenes	N	< 0.5	ppb	1000	1000	Discharge from petroleum factories; discharge from chemical factories
93. Methyl Tert Butyl Ether (MTBE)	N	<5	ppb	n/a	n/a	Gasoline additive, found in leaking underground storage tanks

Total Organic Carbon

94. Total Organic Carbon	N	0.63 – 1.59	ppm	n/a	Treatment Technique (see note #94)	Naturally present in the environment
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Lead and Copper Analysis (Most recent monitoring period 2016)*

Contaminant	Unit of Measurement	MCLG	MCL	90 th Percentile Level Found	Action Level Exceeded	Samples > AL	Typical Source of Contamination
Copper	ppm	1.3	AL=1.3	0.0727	No	0	Corrosion of household plumbing systems; erosion of natural deposits; leaching from wood preservatives
Lead	ppb	0	AL=15	<5.00	No	0	

Analysis frequency is every three years; thirty samples are collected from the distribution system

Infants and children who drink water containing lead in excess of the action level could experience delays in their physical or mental development. Children could show slight deficits in attention span and learning abilities. Adults who drink this water over many years could develop kidney problems or high blood pressure. If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. The City of Salem Water Department is responsible for providing high quality drinking water, but cannot control the variety of materials used in plumbing components. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap 30 seconds to 2 minutes or until it becomes cold or reaches a steady temperature before using water for drinking or cooking. If you are concerned about lead in your water, you may wish to have your tested. Information on lead in drinking, testing methods, and steps you can take to minimize exposure is available from the Safe Drinking Water Hotline or at www.epa.gov/safewater/lead.

Unregulated Contaminant Monitoring Program Data

Contaminant	Violation Y/N	Level Detected	Unit of Measurement	MCLG	MCL	Likely source of contamination
1,2,3-Trichloropropane	N	ND	ppb	--	--	Used in paint, varnish remover, solvents and degreasing agents
1,3-Butadiene	N	ND	ppb	--	--	Used in rubber manufacturing and occurs as a gas
Chloromethane	N	ND	ppb	--	--	By-product that can form when chlorine used to disinfect drinking water
1,1-Dichloroethane	N	ND	ppb	--	--	Used as a solvent
Bromomethane	N	ND	ppb	--	--	Used as a fumigant on soil before planting, on crops after harvest
Chlorodifluoromethane	N	ND	ppb	--	--	Used as a refrigerant
Bromochloromethane	N	ND	ppb	--	--	Used as a fire extinguishing fluid, as a solvent in the making of pesticides
Perfluorooctanesulfonic acid	N	ND	ppb	--	--	Used in firefighting foam, floor polish, as a pesticide active ingredient
Perfluorooctanoic acid	N	ND	ppb	--	--	Used cleaners, cosmetics, greases, paints, lubricants
Perfluorononanoic acid	N	ND	ppb	--	--	Used in products to make them stain, grease, heat and water resistant
Perfluorohexanesulfonic acid	N	ND	ppb	--	--	Used in products to make them stain, grease, heat and water resistant
Perfluoroheptanoic acid	N	ND	ppb	--	--	Used in products to make them stain, grease, heat and water resistant
Perfluorobutanesulfonic acid	N	ND	ppb	--	--	Used in products to make them stain, grease, heat and water resistant
1,4 -Dioxane	N	ND	ppb	--	--	Used in the production of paper, cotton, textile products, cosmetics, shampoos
Chlorate	N	ND	ppb	--	--	Agricultural defoliant or desiccant
Vanadium	N	0.320-0.370	ppb	--	--	Naturally occurring elemental metal
Molybdenum	N	ND	ppb	--	--	Naturally occurring elemental metal
Cobalt	N	ND	ppm	--	--	Naturally occurring elemental metal
Strontium	N	240-380	ppm	--	--	Naturally occurring elemental metal
Chromium	N	ND	ppm	--	--	Naturally occurring elemental metal
Chromium - 6	N	0.057-0.079	ppb	--	--	Naturally occurring elemental metal

Purpose: To collect occurrence data for contaminants suspected to be present in drinking water but that do not have health-based Standards set under the Safe Drinking Water Act (SDWA). The Unregulated Contaminant Monitoring Program is the primary source of drinking water contaminant occurrence data used by USEPA in regulatory determinations. [This 2014 data is the most recent available.](#)

Microbiological Contaminants:

- (1) Total Coliform. Coliforms are bacteria that are naturally present in the environment and are used as an indicator that other, potentially-harmful, bacteria may be present.
- (2) Fecal coliform/E.Coli. Fecal coliforms and E. coli are bacteria whose presence indicates that the water may be contaminated with human or animal wastes. Microbes in these wastes can cause short-term effects, such as diarrhea, cramps, nausea, headaches, or other symptoms. They may pose a special health risk for infants, young children, and people with severely compromised immune systems.
- (3) Turbidity. Turbidity has no health effects. However, turbidity can interfere with disinfection and provide a medium for microbial growth. Turbidity may indicate the presence of disease-causing organisms. These organisms include bacteria, viruses, and parasites that can cause symptoms such as nausea, cramps, diarrhea, and associated headaches. Combined effluent turbidity must be ≤ 0.3 NTU in 95% of measurements taken each month.
- (4) Cryptosporidium. Pathogenic protozoa that is widely distributed in nonpotable water supplies. This organism can cause gastrointestinal illness (e.g. diarrhea, vomiting, and cramps).
- (5) Giardia lamblia. Pathogenic protozoa that is widely distributed in nonpotable water supplies. This organism can cause gastrointestinal illness (e.g. diarrhea, vomiting, and cramps).

Radioactive Contaminants:

- (6) Beta/photon emitters. Certain minerals are radioactive and may emit forms of radiation known as photons and beta radiation. Some people who drink water containing beta and photon emitters in excess of the MCL over many years may have an increased risk of getting cancer.
- (7) Alpha emitters. Certain minerals are radioactive and may emit a form of radiation known as alpha radiation. Some people who drink water containing alpha emitters in excess of the MCL over many years may have an increased risk of getting cancer.
- (8) Combined Radium 226/228. Some people who drink water containing radium 226 or 228 in excess of the MCL over many years may have an increased risk of getting cancer.

Inorganic Contaminants:

- (9) Antimony. Some people who drink water containing antimony well in excess of the MCL over many years could experience increases in blood cholesterol and decreases in blood sugar.
- (10) Arsenic. Some people who drink water containing arsenic in excess of the MCL over many years could experience skin damage or problems with their circulatory system, and may have an increased risk of getting cancer.
- (11) Aluminum. People at risk for health problems include dialysis patients. Symptoms of chronic aluminum exposure include softening of the bones and brain dysfunction.
- (12) Barium. Some people who drink water containing barium in excess of the MCL over many years could experience an increase in their blood pressure.
- (13) Beryllium. Some people who drink water containing beryllium well in excess of the MCL over many years could develop intestinal lesions.
- (14) Cadmium. Some people who drink water containing cadmium in excess of the MCL over many years could experience kidney damage.

- (15) Chromium. Some people who use water containing chromium well in excess of the MCL over many years could experience allergic dermatitis.
- (16) Copper. Copper is an essential nutrient, but some people who drink water containing copper in excess of the action level over a relatively short amount of time could experience gastrointestinal distress. Some people who drink water containing copper in excess of the action level over many years could suffer liver or kidney damage. People with Wilson's disease should consult their personal doctor.
- (17) Silver. Since silver is not a health benefit for living organisms in any way, the body has a low capacity for absorbing it. Low amounts of ionic silver water intake are not harmful or life threatening in any way, but large intakes can prove to be extremely toxic. Water guidelines suggest an incredibly low amount of silver within drinking water because a high concentration of silver water can bond while boiling and create silver oxide. Silver water that contains silver nitrate can be even more harmful and cause dizziness, diarrhea, and vomiting.
- (18) Chloride. Chlorides are not usually not harmful to people, however they can corrode metals and effect the taste of food products.
- (19) Sulfate. Health concerns regarding sulfate in drinking water have been raised because of reports that diarrhea may be associated with the ingestion of water containing high levels of sulfate.
- (20) pH. The U.S. E.P.A. does not regulate pH levels in drinking water, it is classified as a secondary water contaminant whose impact is considered aesthetic.
- (21) Total dissolved solids. Total dissolved solids can give water a murky appearance and detract from the taste quality of the water.
- (22) Iron. Elevated iron levels in water can cause stains in plumbing, laundry, and cooking utensils, and can impart objectionable tastes and colors to food.
- (23) Manganese. Elevated manganese levels in water can cause stains in plumbing, laundry, and cooking utensils. Upon exposure to air or other oxidants, manganese will usually precipitate black.
- (24) Nickel. Nickel is not known to cause any health problems when people are exposed to levels above the MCL for relatively short periods of time
- (25) Zinc. Harmful effects generally begin at levels 10-15 times higher than the amount needed for good health. Large doses taken by mouth even for a short time can cause stomach cramps, nausea, and vomiting.
- (26) Color. Color in drinking water is classified as a secondary water contaminant whose impact is considered aesthetic.
- (27) Sodium. An essential element required for normal body function including nerve impulse transmission, fluid regulation, and muscle contraction and relaxation. However, in excess amounts, sodium increases individual risk of hypertension, heart disease, and stroke. One of the chief sources of sodium is the consumption of salt; therefore salt restrictions are often recommended as a first-line of treatment for individuals suffering from these conditions.
- (28) Chlorine. Some people who use drinking water containing chlorine well in excess of EPA's standard could experience irritating effects to their eyes and nose and stomach discomfort.
- (29) Fluoride. Some people who drink water containing fluoride in excess of the MCL over many years could get bone disease, including pain and tenderness of the bones. Children may get mottled teeth.
- (30) Cyanide. Nerve damage or thyroid problems. The

data in the report is the most recent available from 2013. A granted waiver does not require sampling until 2022.

- (31) Mercury (inorganic). Some people who drink water containing inorganic mercury well in excess of the MCL over many years could experience kidney damage.
- (32) Nitrate. Infants below the age of six months who drink water containing nitrate in excess of the MCL could become seriously ill and, if untreated, may die. Symptoms include shortness of breath and blue-baby syndrome.
- (33) Orthophosphate. A commonly used corrosion inhibitor that is added to finished drinking water. Orthophosphate works by forming a protective coating inside of pipes in the distribution system and in customer homes to prevent lead from leaching into drinking water. It is approved for use in drinking water treatment by the USEPA, and certified by the National Sanitation Federation. It is not used at the City of Salem Water Plant.
- (34) Selenium. Selenium is an essential nutrient. However, some people who drink water containing selenium in excess of the MCL over many years could experience hair or fingernail losses, numbness in fingers or toes, or problems with their circulation.
- (35) Thallium. Some people who drink water containing thallium in excess of the MCL over many years could experience hair loss, changes in their blood, or problems with their kidneys, intestines, or liver.
- (36) Hardness. Hardness does not pose a health risk and is not regulated by state or federal agencies. It often causes aesthetic problems, such as scaling on pipes and fixture; lowers detergent performance.
- (37) Alkalinity. High alkalinity does not pose a health risk, but can cause aesthetic problems.

Synthetic organic contaminants including pesticides and herbicides:

- (38) 2, 4-D. Some people who drink water containing the weed killer 2, 4-D well in excess of the MCL over many years could experience problems with their kidneys, liver, or adrenal glands.
- (39) 2, 4, 5-TP (Silvex). Some people who drink water containing silvex in excess of the MCL over many years could experience liver problems.
- (40) Carbaryl. Carbaryl may reduce learning ability and aggravate viral diseases.
- (41) Alachlor. Some people who drink water containing alachlor in excess of the MCL over many years could have problems with their eyes, liver, kidneys, or spleen, or experience anemia, and may have an increased risk of getting cancer.
- (42) Atrazine. Some people who drink water containing atrazine well in excess of the MCL over many years could experience problems with their cardiovascular system or reproductive difficulties.
- (43) Benzo (a) pyrene [PAH]. Some people who drink water containing benzo (a) pyrene in excess of the MCL over many years may experience reproductive difficulties and may have an increased risk of getting cancer.
- (44) Carbofuran. Some people who drink water containing carbofuran in excess of the MCL over many years could experience problems with their blood, or nervous or reproductive systems.
- (45) Chlordane. Some people who drink water containing chlordane in excess of the MCL over many years could experience problems with their liver or nervous system, and may have an increased risk of

getting cancer.

(46) Dalapon. Some people who drink water containing dalapon well in excess of the MCL over many years could experience minor kidney changes.

(47) Di (2-ethylhexyl) adipate. Some people who drink water containing di (2-ethylhexyl) adipate well in excess of the MCL over many years could experience general toxic effects or reproductive difficulties.

(48) Di (2-ethylhexyl) phthalate. Some people who drink water containing di (2-ethylhexyl) phthalate in excess of the MCL over many years may have problems with their liver, or experience reproductive difficulties, and may have an increased risk of getting cancer.

(49) Dibromochloropropane (DBCP). Some people who drink water containing DBCP in excess of the MCL over many years could experience reproductive difficulties and may have an increased risk of getting cancer.

(50) Dinoseb. Some people who drink water containing dinoseb well in excess of the MCL over many years could experience reproductive difficulties.

(51) Diquat. Some people who drink water containing diquat in excess of the MCL over many years could get cataracts.

(52) Methomyl. Repeated exposure to methomyl may cause an unsuspected inhibition of cholinesterase, resulting in flu-like symptoms, such as weakness, lack of appetite, and muscle aches.

(53) Aldicarb Sulfoxide. The primary route of human exposure to aldicarb sulfoxide is consumption of food and of contaminated water especially wells. There may be adverse immune system effects associated with long term ingestion of aldicarb sulfoxide.

(54) Aldicarb Sulfone. The primary route of human exposure to aldicarb sulfone is consumption of food and of contaminated water especially wells. There may be adverse immune system effects associated with long term ingestion of aldicarb sulfone.

(55) Aldicarb. The primary route of human exposure to aldicarb is consumption of food and of contaminated water especially wells. There may be adverse immune system effects associated with long term ingestion of aldicarb.

(56) Ethylene dibromide. Some people who drink water containing ethylene dibromide in excess of the MCL over many years could experience problems with their liver, stomach, reproductive system, or kidneys, and may have an increased risk of getting cancer.

(57) Dicamba. Chronic exposure to dicamba can lead to the loss of appetite, vomiting, shortness of breath, and bluing of the skin and gums.

(58) Heptachlor. Some people who drink water containing heptachlor in excess of the MCL over many years could experience liver damage and may have an increased risk of getting cancer.

(59) Heptachlor epoxide. Some people who drink water containing heptachlor epoxide in excess of the MCL over many years could experience liver damage, and may have an increased risk of getting cancer.

(60) Hexachlorobenzene. Some people who drink water containing hexachlorobenzene in excess of the MCL over many years could experience problems with their liver or kidneys, or adverse reproductive effects, and may have an increased risk of getting cancer.

(61) Hexachlorocyclopentadiene. Some people who drink water containing hexachlorocyclopentadiene well in excess of the MCL over many years could experience problems with their kidneys or stomach.

(62) Lindane. Some people who drink water containing lindane in excess of the MCL over many years could experience problems with their kidneys or liver.

(63) Methoxychlor. Some people who drink water containing methoxychlor in excess of the MCL over many years could experience reproductive difficulties.

(64) Oxamyl [Vydate]. Some people who drink water containing oxamyl in excess of the MCL over many years could experience slight nervous system effects.

(65) PCBs [Polychlorinated biphenyls]. Some people who drink water containing PCBs in excess of the MCL over many years could experience changes in their skin, problems with their thymus gland, immune deficiencies, or reproductive or nervous system difficulties, and may have an increased risk of getting cancer.

(66) Pentachlorophenol. Some people who drink water containing pentachlorophenol in excess of the MCL over many years could experience problems with their liver or kidneys, and may have an increased risk of getting cancer.

(67) Picloram. Some people who drink water containing picloram in excess of the MCL over many years could experience problems with their liver.

(68) Simazine. Some people who drink water containing simazine in excess of the MCL over many years could experience problems with their blood.

(69) Toxaphene. Some people who drink water containing toxaphene in excess of the MCL over many years could have problems with their kidneys, liver, or thyroid, and may have an increased risk of getting cancer.

Volatile Organic Contaminants:

(70) Benzene. Some people who drink water containing benzene in excess of the MCL over many years could experience anemia or a decrease in blood platelets, and may have an increased risk of getting cancer.

(71) Carbon Tetrachloride. Some people who drink water containing carbon tetrachloride in excess of the MCL over many years could experience problems with their liver and may have an increased risk of getting cancer.

(72) Chlorobenzene. Some people who drink water containing chlorobenzene in excess of the MCL over many years could experience problems with their liver or kidneys.

(73) o-Dichlorobenzene. Some people who drink water containing o-dichlorobenzene well in excess of the MCL over many years could experience problems with their liver, kidneys, or circulatory systems.

(74) p-Dichlorobenzene. Some people who drink water containing p-dichlorobenzene in excess of the MCL over many years could experience anemia, damage to their liver, kidneys, or spleen, or changes in their blood.

(75) 1,2-Dichloroethane. Some people who drink water containing 1, 2-dichloroethane in excess of the MCL over many years may have an increased risk of getting cancer.

(76) 1, 1-Dichloroethylene. Some people who drink water containing 1, 1-dichloroethylene in excess of the MCL over many years could experience problems with their liver.

(77) cis-1, 2-Dichloroethylene. Some people who drink water containing cis-1, 2-dichloroethylene in excess of the MCL over many years could experience problems with their liver.

(78) trans-1, 2-Dichloroethylene. Some people who

drink water containing trans-1, 2-dichloroethylene well in excess of the MCL over many years could experience problems with their liver.

(79) Dichloromethane. Some people who drink water containing dichloromethane in excess of the MCL over many years could have liver problems and may have an increased risk of getting cancer.

(80) 1, 2-Dichloropropane. Some people who drink water containing 1, 2-dichloropropane in excess of the MCL over many years may have an increased risk of getting cancer.

(81) Ethylbenzene. Some people who drink water containing ethylbenzene well in excess of the MCL over many years could experience problems with their liver or kidneys.

(82) Styrene. Some people who drink water containing styrene well in excess of the MCL over many years could have problems with their liver, kidneys, or circulatory system.

(83) Tetrachloroethylene. Some people who drink water containing tetrachloroethylene in excess of the MCL over many years could have problems with their liver, and may have an increased risk of getting cancer.

(84) 1, 2, 4-Trichlorobenzene. Some people who drink water containing 1, 2, 4-trichlorobenzene well in excess of the MCL over many years could experience changes in their adrenal glands.

(85) 1, 1, 1-Trichloroethane. Some people who drink water containing 1, 1, 1-trichloroethane in excess of the MCL over many years could experience problems with their liver, nervous system, or circulatory system.

(86) 1, 1, 2-Trichloroethane. Some people who drink water containing 1, 1, 2-trichloroethane well in excess of the MCL over many years could have problems with their liver, kidneys, or immune systems.

(87) Trichloroethylene. Some people who drink water containing trichloroethylene in excess of the MCL over many years could experience problems with their liver and may have an increased risk of getting cancer.

(88) TTHMs [Total Trihalomethanes]. Some people who drink water containing trihalomethanes in excess of the MCL over many years may experience problems with their liver, kidneys, or central nervous systems, and may have an increased risk of getting cancer.

(89) HAA5s [Haloacetic acids]. Some people who drink water containing haloacetic acids in excess of the MCL over many years may experience problems with their liver, kidneys, or central nervous systems, and may have an increased risk of getting cancer.

(90) Toluene. Some people who drink water containing toluene well in excess of the MCL over many years could have problems with their nervous system, kidneys, or liver.

(91) Vinyl Chloride. Some people who drink water containing vinyl chloride in excess of the MCL over many years may have an increased risk of getting cancer.

(92) Xylenes. Some people who drink water containing xylenes in excess of the MCL over many years could experience damage to their nervous system.

(93) Methyl Tert Butyl Ether (MTBE). Data support the conclusion that MTBE is a potential human carcinogen at high doses.

(94) Total Organic Carbon. A parameter that is monitored to determine the probability of disinfection by-product formation (TTHMs no.88 and HAAs no.89) exceeding the MCL. Treatment Technique: The annual average removal ratio is ≥ 1.0 .

adult programs

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FOR COST & MORE INFORMATION
ON ANY CLASSES OFFERED, GO TO
SALEM PARKS AND RECREATION
WEBSITE AND CLICK ON
COMMUNITY ACTIVITIES.

BALLROOM DANCING: BEGINNER/INTERMEDIATE

When: Fridays (On-going class)

Location: Senior Center (110 Union St.)

Cost: \$7 per person

Time: 7:00 - 9:00 p.m.

Instructors: Sapphire Dance Studios

When a month has 5 weeks, David and Donna Spangler will be teaching the fifth Friday. Ken Schoff & Ski Shelton are Coordinators. This class offers a complete introduction to various ballroom dance styles. The class is perfect for beginners and those looking to polish their ballroom technique. You will learn the techniques necessary for moving with style and grace. No previous dance experience or partner is necessary. A partner is not required. Class is on-going. Attend and pay coordinator.

CERAMICS (INTERMEDIATE)

When: Mondays, 6:15 - 9:15 p.m.

Location: Senior Center (110 Union St.)

Cost: \$50 / 10 weeks

This class is designed for the student who has prior experience with ceramics. Painting on resin, dry brushing, and other techniques will be introduced.

CHESS (16 - Adult)

When: Tuesdays 7:00 - 10:00 p.m. (7 - 8 pm only - beginner instruction)

Location: Senior Center (110 Union St.)



COLE BLUEGRASS SHOW

When: First Monday of every month, 7:00 - 9:00 p.m. **Location:** Senior Center (110 Union St.)

Cost: Free to attend, donations appreciated **Coordinator:** Dwayne Cole

Cost: FREE

Instructor: David Vecillio & John Parker

WHEEL-THROWING CERAMICS

When: Wednesdays, 6:00 - 9:00 p.m.
beginning TBA (10 weeks)

Location: Salem High School Art Room

Cost: \$100

Instructor: Lauren Browning

Come stretch your creative muscles as you learn how to form original works of art in clay! All levels of experience are welcome. The class covers wheel throwing, hand building, and sculpture techniques. Imagination and creativity are encouraged. Ages 15 and above are welcome.

CROCHETING & KNITTING

When: Thursdays, 6:30 - 8:30 p.m.

Location: Senior Center (110 Union St.)

Cost: \$25 for 5 weeks of instruction. May register at any time. Learn the basics of crocheting and knitting. Call instructor at 389-3469 to register and for supply list.

TOPS (Take Off Pounds Sensibly)

When: Tuesdays, 5:15 p.m.

Location: Senior Center (110 Union St.)

Cost: For cost and more information email judytopss@aol.com. Join this wonderful group & work together to learn healthy options to take pounds off. Weekly programs & discussion with weigh-ins strictly confidential.

**For more info, new class listings and to sign up for these programs,
head to www.salemva.gov and click on "Parks & Recreation" or call 375-3054**

health & fitness

TOTAL SCULPTING (ALL LEVELS) (2 classes offered)

When: Monday session or Wednesday session; both sessions 5:30 - 6:30 p.m.

Where: Senior Center (110 Union St.)

Cost: \$30 per 2 month session (Mondays or Wednesdays)

Instructor: Marina Trejo

This class is designed to reduce body fat and sculpt muscles through a series of strength training exercises using bands, free weights and more. This is a great program for any level participant. Instructors are training to modify exercises for beginning levels.

FITNESS FUSION

When: Tuesday 7:00 - 8:00 p.m.

Where: Senior Center (110 Union St.)

Cost: \$30 for 2 month session

Instructors: Lori Fadorick

Make the most out of your workout time! Fitness Fusion uses a variety of exercise modalities to constantly challenge your body and give you a fun, different workout each week. You'll mix body weight exercises with interval and strength training, in a variety of formats and class styles. Classes are designed in a way to maximize the benefit by offering several different elements in the same workout, including cardio, strength, core, and conditioning. Fitness Fusion can help you reach your fitness goals, no matter what they might be. This class is for all fitness levels and anyone who wants to burn some calories, tone your body, build some muscle, and have some fun! Class length is one hour including a brief warmup and cooldown. *If taking 2 Sculpting, Fitness Fusion, or Kickboxing class per week, cost is \$50 for 2 months, if taking three or more cost is \$70 per 2 months.*

TENNIS (ALL LEVELS)

To register or get more information call Scott Gibson at 397-1257 or sgibson@salemva.gov.

Cost: \$35/month *additional cost: each student will need a baton, jacket and costume

Instructor: Natasha Flores, Southernettes Baton Corporation

Students will learn and improve on baton twirling skills, participate in 6 local parades as well as other community events throughout the year, and perform in an end-of-the year recital. The Southernettes Baton Corp is dedicated to providing a safe, fun and creative atmosphere in which athletes not only learn twirling skills, but they build confidence and leadership skills through team commitment. Contact Coach Natasha Flores to register at 312-4969.

KNITTING AND CROCHETING SPRING (AGES 8 - 14)

When: Thursdays, June 2 - June 30 (5 weeks) 4:00 pm - 5:00 pm

Location: Senior Center (110 Union St.)

Cost: \$15

Instructor: Norma Harris

Learn basic knitting and crocheting stitches and how to read patterns.

Call instructor at 389-3469 to register and for supply list.

TENNIS (BEGINNERS) (AGES 6 - 10)

To register or get more info, call Scott Gibson at 397-1257 or sgibson@salemva.gov



YOGA (BEGINNER & INTERMEDIATE)

When: Tuesday, 4:30 - 5:30 p.m. & Thursday: 4:30 - 5:30 p.m.

Where: P&R Office (620 Florida St)

Cost: \$5/class or \$18/month (once a week) or \$36 per month (twice a week)

Instructor: Blacie Hunt

Yoga is a great way to increase joint mobility, improve muscle tone and flexibility, and build balance. It also improves memory, focus, and attention, as well as promote an overall sense of well-being.

youth/teen

BATON

When: Thursdays, 5:30 p.m. begins September 8 (Parent meeting Thursday September 1, 6:00 pm - 7:00 pm at Salem Senior Center)

Location: Senior Center (110 Union St.)



SALEM VA

SENIOR CENTER

110 UNION STREET - (540) 375-3054

Senior Center

MONDAYS

9 a.m. - Noon - Bridge
12:30 p.m. - Senior Mountain Pickers
1 - 4 p.m. - Mexican Train Dominoes
7 - 9 p.m. - Cole Bluegrass Show
(A Community Activity first Monday)

TUESDAYS

8:45 - 9:45 a.m. - Exercise
10:00 a.m. - 2 p.m. - Chair Caning & Basket Weaving
10:15 a.m. - Tai-Chi at College Lutheran
2 - 4 p.m. - Ballroom dance

WEDNESDAYS

9 - 10 a.m. - Tap dance
10 a.m. - Noon - Yoga (2 classes)
10 a.m. - Noon - Ceramics
10 a.m. - Noon - Needlework
1 - 3 p.m. - Line Dance
1 p.m. - TRIAD Meeting (1st Wed.)

THURSDAYS

8:45 - 9:45 a.m. - Exercise
10 p.m. - Noon - Quilting
10 a.m. - Noon - Art on your own
11 a.m. - Noon - 49er's Plus Club Mtg.
Noon - 4 p.m. - Cards on your own
Noon - 2 p.m. - Monthly Luncheon w/entertainment (last Thursday)
12:30 - 2 p.m. - Senior Singers Practice (first Thursday w/appts other days)

FRIDAYS

8:45 - 9:45 a.m. - Exercise

10:15 - 11:15 a.m. - Tai-Chi
10:30 a.m. - Senior Mountain Pickers
1 p.m. - Scrabble and Trivial Pursuit (two times a month)
7 - 9 p.m. - Ballroom Dance (Community Class)

SPECIAL EVENTS

We frequently make outings in our van or bus to local malls, shops and restaurants, or day trips to Wytheville, Stuarts Draft, Clemmons, NC, Richmond, etc. Friday events include bingo, ice cream sundae day, movie day, crafts, parties, etc. *A small fee may apply for some of these events and you will need to sign up. Please stop by the Salem Senior Center for a monthly calendar.

MONTHLY NEWSLETTER

This features a calendar and news of our activities and outings. It is ready for distribution the week before the Monthly Luncheons, for the following month. Please stop by and pick one up so you can join us at the Senior Center.

SPECIAL TRIPS

Trips are scheduled for the year to the Wytheville's Wohlfahrt Haus Dinner Theatre, Barter Theater, Washington DC, and many others. New trips are added regularly. Stop by and pick up a trip list.

'49ERS PLUS CLUB

Thursdays at 11 a.m.. They eat lunch out on the 2nd Thursday of each month at various restaurants. They also preside at our Monthly Luncheons. This is a group that meets for fun

and make donations to organizations such as the Salem Rescue Squad and the American Red Cross.

MONTHLY POT LUCK LUNCHEONS

Always a fun well-attended event, with entertainment following the meal. They are held on the last Thursday of each month.

EXERCISE CLASSES

Offered three times a week, Tuesday, Thursday, and Friday mornings, 8:45 a.m. to 9:45 a.m.. These classes are all different, giving a total workout through the week for each participant. There is no charge for these classes.

BALLROOM DANCE CLASS

Every Tuesday, 2:00 p.m. - 4:00 p.m. Taped music is provided and there is no fee but each person is asked to bring a snack food to share.

LINE DANCE

Every Wednesday, 1:00 p.m. - 3:00 p.m.. Come join this great group of dancers and they'll teach you many line dances. On many occasions this group performs for different events and groups.

SALEM SENIOR SINGERS

Practice on the 1st Thursday of each month at 12:30 p.m., and sing on a regular basis for Snyder Nursing Home and other places in the Valley.

SENIOR MOUNTAIN PICKERS

An excellent group of stringed instrument musicians who play informally on Mondays at 12:30 p.m. and Fridays at 10:30 a.m. at the Senior Center. You may join them with an instrument if you play or attend as a part of the audience of the 55+ crowd.

YOGA

Provided on Wednesdays with two separate classes. They are six week classes and you are required to sign up.

TAI CHI

Offered on Tuesdays and Fridays and held in two separate locations. The Tuesday class is held at the College Lutheran Church and the Friday class at the Senior Center. These classes are on-going.

If you have any questions about any of our other classes, please call our office at 375-3054.



SALEM

HALF MARATHON

OCTOBER 14



REGISTER NOW
RACE.SALEMVA.GOV





SALEM HALF MARATHON

Saturday, October 14th, Event starts at 8 a.m. at Farmers Market and will go until noon with after party.

Special Events

66TH ANNUAL ERNEST "PIG" ROBERTSON FISHING RODEOS

Catch some fish at Lake Spring Park!
April 22nd Children Ages 3 - 8, 9 a.m. - Noon. **April 24th** Children with Disabilities Day, 10 a.m. - Noon. **April 26th** Nursing Home Patient's Day, 10 a.m. - Noon. **April 29th** Children ages 9 - 12, 9 a.m. - Noon.

SALEM AFTER FIVE

April 28 - Domino, **May 19** - The Kings, **June 23** - Uptown, **July 21** - Fuzzy Logic, **August 11** - The Tams. Salem Farmers Market, \$5/Children 12 & Under are free. Food Court, Children's Play area.

MOVIES AT LONGWOOD

May 12 - The Jungle Book, **June 9** - The Secret Life of Pets, **July 14** - Finding Dory, **August 18** - Angry Birds. Bring a blanket

and chairs and enjoy a movie under the stars! Admission is free. Concessions will be available to purchase from Fun Times.

RELAY FOR LIFE

May 13th, Noon to 10 p.m. at Longwood Park. Visit www.RelayForLife.org/SalemVA or call 540-774-2710 to register your team. Activities are scheduled throughout the day.

JAZZ IN JULY

Saturday, July 15th, 4 p.m. - 9:30 p.m. Come enjoy beer, wine and food while you listen to local jazz musicians and view the work of local artists. Bring a blanket and chairs.

SALEM DISTANCE RUN

Saturday, August 12th, at Longwood Park. Featuring 5k & 10k races. Sponsored by Salem Parks & Recreation & Southwest Health Focus. The 5k & 10k runs start at 8:00 a.m. Awards will be given out to the top 3 overall finishers and the top 3 in each age group. For more info call, (540) 444-2925.

PUMPKINFEST

Saturday, October 28th, Salem Farmers Market, 11a.m. - 2 p.m., Pumpkin giveaway, Children's activities, Carnival Games, Costume Contest, Hay Rides, and a Pumpkin Auction. Trick or Treating with Salem Merchants at 10 a.m. - 11 a.m.

Moyer Complex

Manager: Eric O'Brien,
eobrien@salemva.gov
Supervisor: Scott Scharnus,
sscharnus@salemva.gov,
1000 Union Street, Salem
(540) 375-4021

APRIL 1ST & 2ND

Got Game Spring Break Tournament

APRIL 8TH & 9TH

USA Softball Autism Awareness Tourn.

APRIL 21ST - 23RD

37th Annual Chance Crawford Benefit Adult Slow Pitch Tournament

APRIL 28TH - 30TH

ODAC Women's Softball Championship

MAY 5TH - 7TH

Mountain East Softball Championship

MAY 26TH - 31ST

NCAA Div. II Softball National Champ.

JUNE 9TH & 11TH

VHSL Division 1 State Softball Champ.

JUNE 21ST - 25TH

ISF Senior World Cup Softball Champ.

JULY 1ST - 3RD

USA Softball Salem Fair Fast Pitch Tourn.

JULY 19TH - 23RD

PGF Regional Youth Fast Pitch Champ.

AUGUST 2ND - 6TH

USA Softball 10U,12U Class "A" & 16U,18U Class "B" Girls Fast Pitch Eastern Nationals

AUGUST 12TH & 13TH

USA Slow Pitch Virginia State Champ.

AUGUST 26TH & 27TH

Interstate Church of God Slow Pitch Tourn.

SEPTEMBER 1ST - 4TH

USA Softball Eastern Men's Class "D" & "E" & Women's Class "D" National Champ.

SEPTEMBER 9TH & 10TH

Got Game Strike Out Hunger Youth Tourn.

Program Manager: Kathy Murphy
kmurphy@salemva.gov
Program Supervisor: Ashley Durkin
adurkin@salemva.gov
620 Florida Street
Phone: (540) 375-3057

SEPTEMBER 16TH & 17TH

USA Softball Heartland College Showcase

SEPTEMBER 24TH & 25TH

USA Softball "Help Save The Next Girl" Tourn.

SEPTEMBER 30TH & OCTOBER 1ST

PGF Fall Regional Youth Fast Pitch Champ.

OCTOBER 7TH & 8TH

USA Softball Scrappers 18U & 16U College Show Case Girls Fast Pitch Tournament

Kiwanis Field

Manager: Eric O'Brien,
eobrien@salemva.gov
Supervisor: Josh Brown,
jbrown@salemva.gov,
731 Indiana Street, Salem
(540) 375-3013

APRIL 29TH

Roanoke College Doubleheader 3PM

MAY 22ND - 26TH

VHSL Conference 24 Tournament

JUNE 9TH & 10TH

VHSL State Baseball Championship

JUNE 19TH

Carolina League All-Star Festivities

AUGUST 26TH & 27TH

Nations Baseball Back to School Brawl

SEPTEMBER 2ND & 3RD

Nations Baseball Fall State Warm Up

SEPTEMBER 16TH & 17TH

Nations Baseball Dinger Shootout

SEPTEMBER 30TH & OCTOBER 1ST

Nations Baseball Fall State

ROANOKE RAILS COLLEGIATE SUMMER LEAGUE BASEBALL

May 21 - Morganton (DH) 2pm
May 27 - Lenoir (DH) 1pm
June 1 - Catawba Valley (DH) 5pm
June 4 - North Wake (DH) 2pm
June 7 - Virginia 7pm
June 11 - Charlotte (DH) 2pm
June 16 - Morganton (DH) 5pm
June 21 - Mooresville (DH) 5pm
June 24 - Deep River (DH) 1pm
June 25 - Charlotte (DH) 2pm
July 1 - Kernersville (DH) 5pm
July 13 - Virginia 7pm
July 16 - Catawba Valley (DH) 2pm
July 22 - Lenoir (DH) 1pm

youth & adult athletics

YOUTH SPORTS MISSION STATEMENT

The purpose of youth recreational athletic leagues is to provide an enjoyable experience for each youth participant, while developing character, skills, sportsmanship and promoting good will among all teams and individuals. Although sports are competitive

Ways to register for Athletics

- **Online** – parksandrec.salemva.gov
- **In Person** – Sports Office at 925 Union St. 8 a.m. - 5 p.m., Monday through Friday
- **By Phone** – (540) 375-4094

\$35 Salem Residents, \$85 Tuition
Paying Students enrolled in a Salem School. Uniforms are included with paid registration.

Manager: Scott Hall,
shall@salemva.gov
Supervisor: Nat Franklin,
nfranklin@salemva.gov
925 Union Street, Salem
(540) 375-4094

by nature, the City of Salem Parks and Recreation Department's intentions are to place less emphasis on winning, while promoting the building of lifetime physical activity and health for each participant.

GREAT BEGINNINGS WITH ED GREEN

Make checks payable to Ed Green, Great Beginnings, and get application online at parksandrec.salemva.gov. For more info, call Ed at 387-9516.

ADULT LEAGUES OFFERED

The Salem Parks and Recreation Department offers a variety of adult leagues aimed at increasing physical fitness and promoting social interaction between participants. Adults 18 and up.

REGISTRATION DATES AT ACTIVENET

Boys Soccer (Ages 12-15): May 1 - June 18
Girls Soccer: May 1 - June 18
Tackle Football: May 1 - June 18
Flag Football: May 1 - June 18
Cheerleading: May 1 - June 18
Basketball: Sept. 11th - Oct. 15

SUMMER SPORTS CLINICS

See web for more information: Boys & Girls Basketball, Football, Volleyball, Baseball, Softball, Lacrosse, Co-ed Soccer, and Cheerleading. Visit website for location, dates & time.

NEW SALEM FAIR TOURNAMENT

JULY 1ST - 3RD USA Softball Salem Fair Fast Pitch Tournament at the Moyer Complex





196 YEARS AGO



Preston Place is Built. Nestled between Tokyo Express and Go-Mart on Main Street is an unsuspecting historic home. The house known as the Preston Place was built in 1821 by **John Johnston**. Mr. Johnston built a four room brick home that sat on acres and acres of farmland. Many of the materials used to build Preston Place came from the pre-existing Cole Cabin whose visitors included a young **Davy Crockett** and **Louis Philippe**, future king of France. The Johnston family and their descendents lived in the home until 1879 when **Charles Isaac Preston**, who the house is named after, purchased the house for \$600. Mr. Preston had his eyes on the house for a while. He began purchasing up the land surrounding the house in 1872 and bought other parcels of land in 1876 and 1878.

Mr. Preston was a man of many trades. In the 1870s he was the town Sheriff. He was also a farmer and a Confederate War veteran, who according to family history, was a courier for **General Robert E. Lee**. Charles Isaac and his wife Mary had 8 children and the property was passed down through the generations until **Dr. Esther Clark Brown**'s family donated the property to the Salem Historical Society in 2014 following her death. The Historical Society has developed a new identity for this historic Salem home. The museum is changing the zoning from residential to commercial with the White Oak Tea Tavern of Troutville as their new tenant. The White Oak Tea Tavern features a variety of different teas and chicken salad that is to die for. The Tea Tavern is shooting to open in April with an entire community awaiting its opening. 🐦

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